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WEEKEND, JUNE 26-28, 2015

FREAKY FISHY

A giant goldfish caught in High Park. Former pet goldfish released into wild waterways are growing to exceptional sizes — and causing problems. Story, metroNEWS. COURTESY XIAO YANG

Toronto's billion-dollar Internet

ONLINE

'Incredible transformation of broadband' rolling out

Move over Google Fiber, Bell Canada wants Torontonians to have access to some of the fastest Internet speeds available. The company has announced it will spend $1.4 billion to build the largest gigabit infrastructure project in North America.

The new Gigabit Fibe service will be the "most incredible transformation of broadband we have ever seen" and allow customers to download a full HD movie in seven seconds, George Cope, Bell Canada president and chief executive officer said.

It will be available at first in four Toronto neighbourhoods — Harbourfront, Distillery District, Willowdale and Regent Park, in part because they have many new buildings. It will be ready to roll out to 50,000 consumers this summer with plans to be available to 1.1 million homes and businesses across the city by 2017.

The project, the largest broadband fibre build in North America, will create 2,400 direct jobs in Toronto and 8,000 related jobs. Cope called it Bell's "largest and most ambitious infrastructure project in 135 years."

"It is something that is going to make a big difference to people and to attract investment and jobs," said Mayor John Tory, former CEO of Rogers Communications. TORSTAR NEWS SERVICE

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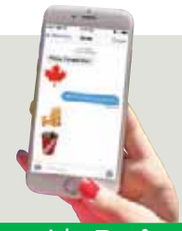

Eh-mojis show Canadian pride. **Business**

Police chase ends at river

MANHUNT

Suspect in Brampton man's death is missing

Joe Lofaro
Metro | Ottawa

Police scour the Rideau River in Ottawa on Thursday as they search for a man who is presumed drowned after he tried to run down two on-duty police officers on Rideau Street Wednesday. JOE LOFARO/METRO

Police in London, Ont., are keeping in close contact with their counterparts in Ottawa as they scour the Rideau River for a man believed to have drowned after he tried to run over two bike cops.

It emerged Thursday that the man who disappeared in the river the previous evening might be the same man who is wanted in the murder of 18-year-old Jeremy Cook of Brampton, Ont. Cook was shot to death in London earlier this month after he used an app to track his lost cellphone.

Three men are being sought by police in that case.

Police could not confirm the name of the wanted man, but media reports say investigators are looking for one of the three men — Muhab Sultanaly Sultan, 23, of Calgary. He is wanted on a second-degree murder charge.

A police search boat returned to the Rideau River on Thursday afternoon to locate the suspect.

Ottawa police dive teams have been searching the river for the man since late Wednesday.

Police say the man — who has not been identified — hit one of the officers with his vehicle at King Edward and Rideau Street around 4 p.m. Wednesday. The officer suffered minor injuries.

A police cruiser chased the vehicle to Wiggins Private, where the driver got out and fled. Police apprehended a passenger who stayed behind.

Police brought in a dog team, but they couldn't find the driver.

A few hours later, police started getting calls about a suspicious man around Range Road and Mann Avenue. He was spotted trying to swim across the Rideau River near Strathcona Park.

Two officers waded into the water after the man, who police say was "showing signs of distress." As they got closer to him, the man went under water.

Ottawa Fire Services was also at the scene, but they couldn't find the man. Police have contacted the Special Investigations Unit.

HOW TO...

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CARDING

New app helps you navigate your rights if stopped by police

Jessica Smith Cross
Metro | Toronto

A new app inspired by police carding in Toronto is a little like having a little lawyer in your pocket at all times, in case you encounter the police.

Legalswipe was developed by Christien Levien, a Torontonian and recent graduate of the University of Ottawa law school.

He said incidents of police violence and carding of the black community made him decide to develop the app, which allows anyone to quickly and easily find out their rights in police encounters.

To use the app, you select which of four things the police officer is attempting to do — obtain your identification, engage in a search, enter your house or make conversation.

Then, it will offer you questions you might want to ask the officer and guide you through your rights, based on your situation.

In a carding situation, for example, the officer is attempting to "obtain identification" from you when you're walking (as opposed to driving or biking).

The app will suggest you ask the police if you're being arrested or detained. In the case of carding, the answer is no.

So, the app will inform you that you can say, "Given I am not being arrested or detained, I refuse to answer any questions. I am not required to speak with you or stay here any longer," and then leave.

The app also has a recording function that will send any video you take to your Dropbox cloud storage account.

You can also set up emergency contacts that you can alert with a message containing your geographic location.

Levien said he's launching the event in Toronto on Saturday. "We're going to introduce the app the world and discuss our future plans," he said.

Three anti-carding activists, Desmond Cole, Omar Ha-Redeye and Idil Burale, will be speaking.

LIZ BEDDALL/METRO

Film lays bare arranged marriages

SOCIAL ISSUES

Woman hopes documentary propels change in GTA, beyond

For documentary filmmaker Lalita Krishna, forced marriage and violence in the South Asian community was a topic she had long wanted to tackle.

Then the South Asian Legal Clinic of Ontario released a groundbreaking study in 2013 that revealed just how endemic — but hidden — forced marriage, violence and repression were in the community here in Ontario.

The first-of-its-kind report reflects just the tip of the iceberg when it comes to cases of forced marriage, experts suggest. Just like sexual assault, many are reluctant to come forward or report incidents.

"The two issues that are really close to me are children and women's issues," says Krishna. "When this report came out, I was really interested to see the community was taking ownership of this issue."

And the idea to finally do a documentary on it crystalized for Krishna. But she didn't want to just do the standard documentary about the subject, examining cases of forced marriage or honour killings like that of Aqsa Parvez, who was killed in Mississauga by her father and brother because she was too Westernized.

Krishna wanted to do something more. She wanted to propel change and inspire the young women from the South Asian and Muslim communities in Greater Toronto and beyond.

After talking to Deepa Mattoo, the executive director of the South Asian Legal Clinic, and doing a lot of research, she found Farrah Khan, an outspoken advocate at the Barbra Schlifer Legal Clinic who had helped start some groundbreaking initiatives to help young South Asian women find their voice.

It was then that Krishna knew she had a way into the subject.

She would focus on Khan and her devotion to helping young women to stand up and be themselves and take a stand against family violence and forced marriage.

Lalita Krishna has made an award-winning documentary focusing on forced marriage and violence in the South Asian and Muslim community in the GTA. AARON HARRIS/TORSTAR NEWS SERVICE

The result is Listen to Me, which took best Canadian documentary prize at the Reel World 2015 Film Festival earlier this year. It will be shown again at the Oakville Festival for Arts and Film June 28.

It includes looks at the Izzat Project, which Khan helped start as a way for young South Asian and Muslim women to speak out and stand up for themselves, using creative and expressive arts such as cartooning, photography, play-writing, poetry and rap.

The project brings girls together to "talk about topics nobody else talks about — mostly about how to leave your repressive home environment," explains the 62-year-old filmmaker.

"They find community among themselves and it makes them stronger." TORSTAR NEWS SERVICE

219

Reported cases of forced marriage from 2010 to 2012 in Ontario.

97

Percentage of the victims who were women.

81

Percentage of victims who were aged 16 to 34.

44

Percentage of victims who were Canadian citizens.

Francophone women mourning one of their own

Gilbert Ngabo
Metro | Toronto

A local community of francophone women are "heartbroken" following the sudden passing of one of their prominent members.

Berthe Kayitesi of Toronto died earlier this week at St. Michael's Hospital after suffering from a cerebral aneurysm. She was only 36 and is survived by her four-year-old daughter Oceane.

"She was a very smiling person, very generous," said Fayza Abdallaoui, president of the Ontario Movement for Immigrant Francophone Women (MOFIF), where Kayitesi worked as a research agent. "It is really tragic."

Kayitesi knew tragedy. After miraculously surviving the 1994 Rwandan genocide — in which she lost both her parents when she was just 15 — she balanced the struggles of raising her younger siblings and pursuing an education. She eventually immigrated to Canada in 2004 and obtained a PhD in education from the University of Ottawa.

She has extensively spoken about women's rights and given lectures on resilience and the fight against genocide. She also published a book, Demain, ma vie, in which she narrates stories of children as head of families in the aftermath of the Rwandan genocide.

At MOFIF, she had just completed a preliminary report on economic barriers facing immigrant women in Ontario and was working on pilot mechanisms to help them achieve development, said Abdallaoui.

"She was the perfect person for this work," she said, adding Kayitesi understood women's challenges and was always ready to help.

"What we really want to say is that she was able to do all this when she was herself struggling with her own battles," she said. "She was very good at listening to people, having them talk and building a trust."

The group has launched an online funding campaign to help with burial arrangements slated for Saturday in Ottawa.

Berthe Kayitesi and her daughter Oceane. CONTRIBUTED

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HUDSON'S BAY

6 THINGS YOU MAY NOT KNOW ABOUT PRIDE

It's always a riot of colour, a celebration of sexuality, a big water gun fight and a great party. But there may be some things you don't know about Toronto Pride and the big parade that's happening on Sunday. **JESSICA SMITH CROSS** METRO

1 One big puzzle

Determining the parade order is like putting together a giant puzzle with about 270 pieces. Organizers put all of the participating groups on small pieces of paper, spread them out on a conference table and move them around for days until it's just right, said volunteer program manager Matthew Halse. Dykes on Bikes always lead, followed by the grand marshals.

2 Precision colour

This is the last year to see The Righteously Outrageous Twirling Corps of Toronto. The ROTC is a precision colour guard with its roots in Toronto's LGBT community. It has performed at pride parades and LGBT-friendly events since 1994, but Sunday's Pride Parade will be its last event, as the group has decided to disband.

3 Hanlan's Point

The parade, and the Pride as a whole, have come along way since the early 1970s. At that point, it was simply an annual picnic at Hanlan's Point organized by the Community Homophile Association of Toronto and Toronto Gay Action. Hanlan's Point remains a popular destination every Pride.

4 A Toronto tradition

Attending the parade is a mayoral tradition, broken only by Rob Ford, of course. Barbara Hall was the first mayor to march in the Pride Parade, but Mel Lastman turned it into a tradition. "I cannot justify saying I'm the mayor of all the people in Toronto if I don't participate," Lastman said at the time.

5 Showing solidarity

Russian and Ukrainian LGBT activists will be marching together. "In Russia, it's illegal to show any demonstration to show any belonging to the LGBT community. People get imprisoned, people get beaten," said Konstantine Men, a spokesman for Highway Liberty. Canadians should know there are people in Russia and Ukraine hoping for refugee protection in the U.S. or Canada, he said.

6 A major endeavour

It's big and takes a lot of work. The parade begins at 2 p.m. at Church and Bloor and heads down Yonge Street to Dundas. It takes about two hours to complete. It's also the culmination of Pride Week, made possible by 15,000 hours worth work done by nearly 3,500 volunteers.

Really into art

Five-year-old Graydon Chan shoots paint from a water gun at members of Raw Architects as part of one of many installations that were on display Thursday at a soon-to-be-torn down industrial space located at Lower Jarvis and Queens Quay. The 30,000-square-foot pop-up gallery was constructed as part of RAW CANVAS, a one-night-only immersive art event held within the former marina store and jewelry factory, which will eventually transition into the site of the City of the Arts. LIZ BEDDALL/METRO

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Xieguo Li catches a sunfish at Grenadier Pond in High Park. If he uses a larger hook, Li says he would catch a goldfish 'almost every other catch.' VINCE TALOTTA/TORSTAR NEWS SERVICE

Toronto takeover by giant goldfish

CONSERVATION

Pets gone wild can cause problems for native species

Lurking beneath the calm surface of Toronto's ponds and waterways lies an unexpected monster of the deep: giant goldfish.

It's no urban fish tale. Rick Portiss, a fish expert with the Toronto and Region Conservation Authority, said goldfish consistently appear during Toronto fisheries surveys.

"They show up in the regular batches of fish, and every once in a while you get these big fat ones that look like pumpkins they're so big and orange," he said.

Most of these fish begin life as pets in fishbowls or garden ponds. They either escape during flooding or are released into public wetlands where they flourish.

Karen McDonald, a project manager with the TRCA, said goldfish grow to the appropriate size of their environment.

"If you have a small goldfish bowl you're not going to produce a three-pound goldfish. But when you release them into the wild and they have unfettered access to resources … they're gonna gorge themselves. And it's a large water body so they're not going to be impacted by the small size of the container that they're in," she said.

While turning Toronto's public waters into a giant fishbowl is golden for former pets, it can cause a problem for native species.

According to Fishes of Toronto, a city-published guide to local fish, when goldfish and their larger cousin, Koi, are released into lakes and streams they begin to uproot and feed on aquatic plants, destroying the habitat for other fish and wildlife.

Part of the reason the goldfish population is so prolific is its ability to adapt and reproduce.

"They breed like crazy. Even people that intentionally put them in their large natural ponds end up with thousands and thousands of them within a few years because they just multiply so fast," said Chris Dahl, owner of Hydrosphere Water Gardens and Fisheries.

Dahl describes goldfish as "hearty" and said that unless they get trapped in ice and freeze solid, they'll survive. He also said it's not uncommon for goldfish to crossbreed with Koi, resulting in larger than normal fish.

Xiao Yang, a member of Toronto Urban Fishing Ambassadors, said he regularly catches goldfish that weigh as much as a kilogram.

"If I fish with bread or worms, and use a larger hook so the smaller sunfish cannot take the bait, I would get a goldfish almost every other catch," he said.

Despite catching so many, Yang said he's never eaten a goldfish. They're strictly catch and release as far as he's concerned.

TORSTAR NEWS SERVICE

FISH FACTS

Number of goldfish found in Toronto waters during TRCA surveys:

- Ashbridges Bay: 95,508
- Frenchman's Bay: 7,991
- Humber Bay/River: 4,619,406
- Lower Don River: 51,633
- Marie Curtis Park: 91,463
- Ontario Place: 3,562
- Toronto Islands: 83,147
- Western Beaches: 2,690

HEALTHCARE

Turning patients into partners

Scarborough Hospital has launched a four-year strategic plan that aims to engage patients in an effort to build a "healthier Scarborough."

The hospital is looking at ways to treat patients like "partners," said president and CEO Robert Biron.

As part of the plan, the hospital will be establishing a patients' advisory council through which community members can make suggestions for improving service.

The move will allow patients to codesign healthcare delivery systems, leading to more effective collaboration, Biron said.

"It's really putting a patient's lens to our work," he said.

The hospital treats an average of 200,000 patients per year, and operates on a $390 million budget.

GILBERT NGABO/METRO

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Grants uplift places and people

COMMUNITY HOUSING

Projects get youth involved in bettering their areas

Gilbert Ngabo
Metro | Toronto

For Laura Hammond, it took only a single offer of $1,000 to spark a lifelong interest in building better communities.

The 29-year-old was among the first batch of young Toronto Community Housing Corp. (TCHC) residents to win the inaugural round of Youth Action Grants in 2013.

With the help of at least 20 other people her age, Hammond planted flowers in various gardens around her neighbourhood near Birchmount Road and Eglinton Avenue.

"That project really got me started on community involvement," said Hammond, who went on to form a community youth council and is now mentoring other young people.

It's the kind of success story TCHC is looking to repeat as it offers another round of grants. This year, 20 grants, each worth $2,500, will be doled out to young people who want to complete projects within their neighbourhoods.

The grants are all about "teaching responsibilities," said Sherwin Modeste, TCHC's manager of sponsorship, grants and development.

"I've been here for 13 years and have seen a lot of youth improvement every year in our communities."

Through her own involvement, Hammond has been able to see the same.

"I've seen young boys who were previously labelled as gangsters, and now they are writing their own projects," she said.

"It is really awesome to see their growth and transformation."

TAKE PART

To get involved:

- Today (Friday) is the deadline to submit an application for this year's Youth Action Grants.
- Applicants must be 16 to 29 and live in Toronto Community Housing.
- See torontohousing.ca.

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Christopher De Simone and Maria Voci were the two people killed at Moka espresso bar. FACEBOOK/TORSTAR NEWS SERVICE

SHOOTING

Grief spills over after café killings

Maria Voci, an employee at Moka espresso bar who was killed in Wednesday's multiple shooting there, was "a beautiful person" always going out of her way to help others, a neighbour remembers.

Voci always seemed to be smiling, and her three sons, aged 20 to 25, "were her pride and joy," said Rose Castoro, who lives across the street from Voci's home in Woodbridge.

"Her boys were everything to her," Castoro said. "They were always first."

The news triggered an outpouring of grief from family and friends on Facebook, several of whom posted photos of Voci.

"Always put her family and friends first. Always there for everyone. Heaven has another angel. Just (too) early," Arcangelo Alviano wrote.

Voci, 47, and fellow Vaughan resident Christopher De Simone, 24, were killed around 8:15 a.m. Wednesday when a masked gunman opened fire on four people inside the coffee shop, near the busy intersection of Islington Avenue and Highway 7.

Police continued Thursday to hunt for the gunman, described as a black man around five-foot-10 or five-foot-11, driving a dark, four-door compact car.

Two men — including Rocco Di Paola, a candidate in last fall's mayoral election — were also injured in the shooting.

One remained in critical condition Thursday, the other in stable condition, police said.

A worker at Di Paola's insurance business, Rockanthony Insurance Agencies Ltd., confirmed Di Paola was one of the wounded.

> **Heaven has another angel. Just (too) early.**
> Arcangelo Alviano, in a post about Maria Voci on Facebook

"He's a nice guy. I feel bad," said the employee, who identified herself only as Kim. She said police had visited the business Thursday afternoon and asked about Di Paola.

York Const. Andy Pattenden said it's now apparent from security video that the killer entered the business "with a purpose" and that the shooting was not a random act. "It's considered to be targeted."

Pattenden wouldn't say which of the four victims is believed to have been the killer's target. TORSTAR NEWS SERVICE

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Excludes 2014 Chrysler 200 LX, 2015 Chrysler 200, 2014 Dodge Avenger CVP, 2015 Jeep Renegade (all models), 2014/2015 Dodge Grand Caravan CVP, 2014/2015 Dodge Journey CVP and SE Plus, 2014/2015 Dodge Dart (all models), 2015 Dodge Charger SRT Hellcat, 2015 Dodge Challenger SRT Hellcat, 2014/2015 Jeep Wrangler Sport, 2014/2015 Jeep Patriot (all models), 2014/2015 Jeep Compass Sport (select models), 2014/2015 Jeep Cherokee (all models), 2014/2015 Ram Cargo Van, 2014/2015 Ram 1500 Regular Cab, ProMaster City and all 2014/2015 FIAT models. Offer available at participating Atlantic and Ontario retailers only. See retailer for complete details and exclusions. *Special $250 Bonus Cash Enhancement is available on select new 2014/2015 Chrysler, Dodge, Jeep or Ram models at participating retailers from June 23 to 26, 2015. Bonus Cash will be deducted from the negotiated purchase/lease price before taxes. 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Examples: 2015 Jeep Cherokee Sport (24A)/2015 Jeep Renegade Sport 4x2 (21A)/2015 Jeep Patriot Sport 4x2 (25D)/2015 Jeep Wrangler 2-Door 4x4 (23B)/2015 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of $24,245/$19,995/$15,245/$20,745/$38,645 with a $0 down payment, financed at 0% for 60/36/36/36 months equals 130/78/78/78 bi-weekly payments of $187/$256/$195/$266/$495 with a cost of borrowing of $0 and a total obligation of $24,245/$19,995/$15,245/$20,745/$38,645. ◊Total Discounts of $4,000 consist of $3,750 Consumer Cash and Special $250 Bonus Cash Enhancement on the 2015 Jeep Patriot Sport 4x2 (25D). Total Discounts of Consumer Cash/Lease Cash are deducted from the negotiated lease price before taxes. ‡3.49% purchase financing for up to 96 months available on new select models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. 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Example: 2015 Jeep Grand Cherokee Laredo (23E) with a Purchase Price of $36,375 leased at 4.99% over 60 months with $4,998 down payment, equals 240 weekly payments of $96.22 with a cost of borrowing of $6,076.20 and a total obligation of $28,680.60. 22,000 kilometre/year allowance. Charge of $0.18 per excess kilometre. Some conditions apply. ¥$2,500 Lease Cash available on the 2015 Jeep Grand Cherokee Laredo (23E). Lease Cash is deducted from the negotiated lease price before taxes. ≈Additional $1,000 Bonus Cash applies to the retail purchase/lease of the oldest 10% of 2015 vehicles in retailer inventory from June 18 to 30, 2015 and will be deducted from the negotiated price before taxes. Some exclusions may apply. See participating retailers for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ∞Based on 2014 *Ward's* Middle Cross Utility segmentation. 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Wynne says film can be seen

TVO DOCUMENTARY

Premier says she will sign waivers for the film next week

Premier Kathleen Wynne said Thursday she expects to soon sign release forms to enable a version of a controversial documentary about her to be broadcast.

"We have wanted this documentary to be released," she said, adding her "motivation" for participating was she wanted to show Ontarians the inner working of their government and that she is not trying to exert editorial control over the project.

She said she expects to sign the waivers as early as next week, saying she has not seen the footage.

The original documentary that was set to air on TVOntario was to offer a behind-the-scenes look at Wynne and her government in the lead-up to the 2015 provincial budget. It hit a roadblock last month after director Roxana Spicer quit the project in protest after Wynne's office refused to sign release forms.

The film also depicted Wynne under siege during February's Sudbury byelection scandal.

White Pine Pictures president Peter Raymont, who serves as the documentary's executive producer, said in a statement Thursday that he will shortly conclude negotiations to broadcast the documentary, likely this fall.

A production company spokeswoman told the Toronto Star that White Pine has "received offers from several national and regional broadcasters," but did not answer questions about whether the film has a new director or if it intends to broadcast a new version of the documentary.

In the film viewed by the Star, Wynne complains some in the media are "out to get" her, but she emphasized Thursday that she understands journalists "all have a job to do."

"Your job is not to make me look good. Your job is to report on what we do and your job is to analyze," she told reporters at a Pan Am Games event.

The premier's announcement came the same day White Pine threatened the Star with legal action for publishing stills and clips on Wednesday from the original version that TVO wanted to air.

Ontario Premier Kathleen Wynne, left, talks with members the media as she visits members of Canada's track and field team at the Pan Am villiage in Toronto on Thursday.
CHRIS YOUNG/THE CANADIAN PRESS

"We demand that the Toronto Star remove all infringing material immediately from their website," reads a letter sent to the newspaper by Jason Meloche, the company's director of business and legal affairs, also demanding that any Star employee in possession of a copy return them.

"We will also seek damages."

Star editor Michael Cooke said: "This is a political film about political figures using public money and the film was not made available for what are believed to be political reasons. This is a compelling rationale that the film was newsworthy and it was treated as such. With the expiration of that specific news cycle, we've now removed the two video clips."
TORSTAR NEWS SERVICE

> **Your job is not to make me look good. Your job is to report on what we do.**
> Premier Kathleen Wynne

IN BRIEF

Charges dropped against lawyer accused of drug smuggling in courthouse

All charges have been dropped against a Toronto criminal lawyer who had been accused of smuggling drugs into a courthouse.

Laura Liscio's counsel, Stephen Bernstein, says his client has always been innocent and is relieved at the outcome.

The 32-year-old lawyer was arrested at the Brampton, Ont., courthouse in February and taken out in handcuffs. Police had alleged she had smuggled drugs into the courthouse and charged her with possession, trafficking, obstructing justice and breach of trust. THE CANADIAN PRESS

Toronto man faces child pornography charges

A Toronto man is facing child pornography charges after police allege he shared files online with undercover officers.

Police say Jeffery Rice, 52, is charged with two counts of possession of child pornography and seven counts of making it available. THE CANADIAN PRESS

Mystery of the missing markers

HISTORY

Bronze plaques marking site of buried creek taken by thieves

Jessica Smith Cross
Metro | Toronto

There's been a theft in Toronto, but that's not the biggest mystery.

A set of bronze sidewalk markers were stolen right out of the ground a year ago, but so far, no one at the city has been able to say if they're going to be replaced.

The makers are bronze plaques, 46 centimetres across, that say "Garrison Creek," around a picture of local flora and fauna, set into the sidewalk. They marked the path of the buried Garrison Creek, west of Christie Pits Park.

Coun. Mike Layton said his office began receiving complaints about the stolen markers over a year ago as people began noticing that they were gone, but getting them replaced hasn't been easy.

A set of bronze sidewalk markers like the one above left are missing from the sidewalk west of Christie Pits Park . CONTRIBUTED

"My understanding was it was a collaboration between our heritage, our parks and our transportation departments.

> **It's a shame that these things were taken.**
> Coun. Mike Layton

We've been working on this for a little while, trying to figure out how to get them replaced."

Metro called the media contacts for parks, heritage and transportation. So far, no one has been able to tell us anything about the theft, or which department is responsible for them.

The Toronto police media contacts are also stumped: without a single address where the theft occurred, or a victim's name, they can't find out if the theft has even been reported.

Officers wouldn't confirm that there has been a theft, because they couldn't rule out that the city removed the plaques for maintenance.

But Layton is sure it was theft.

"While sometimes wild ferns migrate, I don't believe these were the migration ferns that everyone talks about," he said, making an ecological joke referring to the fact that some of the plaques had pictures of ferns on them.

"It was not maintenance from the city. If it was, we don't know what department would have done it — and we've asked."

It wouldn't be the first theft of valuable metal from a public art installation in the area.

In 2013, about 200 pounds of copper cladding was stolen from the Garrison Creek Memory Banks art installation in Art Eggleton Park.

"It's a shame that these things were taken," Layton said.

"We're going to have to look at how we can better affix them to the concrete, because clearly it was terribly difficult."

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To market, to market

Metro summer series In its fifth season, the Leslieville Farmers' Market is one of several homegrown gatherings bringing the local, the fresh and the fun to summer in Toronto. **LIZ BEDDALL** METRO

It's a lazy Sunday afternoon in Toronto's East End, but the loyal vendors and patrons of Leslieville Farmers' Market are anything but lethargic. Jonathan Ashbridge Park is buzzing with activity as kiosks offering such treats as fresh greens, preserves, cheese, meat, bread, honey, maple syrup and tofu form a colourful ring around the periphery of the greenspace. Live music hums cheerily in the background and young families, milling about or settling down on picnic blankets, dominate the area. Market regulars advise to always show up early for the best selection of produce, as this event is no secret to local shoppers. Special Sunday events such as Baconfest and Bee Day are still to come this summer, and come hungry — as there is no visiting the market without trying a jerk chicken sandwich from Mr. Spinners Functional Foods and a sinful Belgian dessert from Waffle Bar.

MAKE YOUR WAY TO THESE MARKETS

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Dufferin Grove Farmers' Market (Dufferin Grove Park)
Thursdays 3 p.m to 7 p.m.

Trinity Bellwoods Farmers' Market (Trinity Bellwoods Park)
Tuesdays 3 p.m. to 7 p.m.

Annex Farmers' Market (Bloor and Borden)
Wednesdays 3 p.m. to 7 p.m.

Former Conservative politician Dean Del Mastro, 44, accompanied by his wife Kelly, speaks to reporters outside court in Peterborough on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

Ex-Tory MP jailed for campaign fraud

ELECTION LAW

Del Mastro to serve month in jail, can't run for office

A former member of Parliament who spoke for Prime Minister Stephen Harper when it came to electoral-fraud allegations was sentenced Thursday to one month in jail and barred from running for office for five years for cheating during an election campaign.

Dean Del Mastro deliberately broke spending rules then tried to cover up his crime, said Superior Court Justice Lisa Cameron, who ruled that incarceration was appropriate for the first-time offender.

"He was prepared not only to break the rules but to be deceitful about it," Cameron said.

"This type of cheating and lying will result in serious sanctions."

Cameron convicted the former Conservative MP for Peterborough last fall of violating the Canada Elections Act during the 2008 federal election.

She found he had knowingly exceeded spending limits, failed to report a personal contribution of $21,000 to his campaign, and submitted a falsified document.

Del Mastro, 44, has already filed an appeal of the conviction and was to apply for bail at a hearing Friday.

He was led away after the sentencing for processing before being taken to a jail in nearby Lindsay.

> **This type of cheating ... will result in serious sanctions.**
> Justice Lisa Cameron

Once Harper's point man defending the Tories against allegations of electoral fraud, Del Mastro has maintained his innocence and once called the verdict the judge's opinion.

Del Mastro resigned his Peterborough seat in the House of Commons — where he had been sitting as an Independent since being charged — shortly after his conviction.

THE CANADIAN PRESS

FUNDRAISING

HarperPAC 'self-preservation' against left-leaning groups

It's hardly a surprise to see political organizers on the right side of the political spectrum pushing back against union-financed third-party groups on the left, says a former adviser to Prime Minister Stephen Harper.

Tom Flanagan, a retired University of Calgary political science professor, said he's hopeful that HarperPAC, the newest entry, will help to offset the pre-writ advertising efforts of its left-leaning counterparts.

"I think it is a matter of self-preservation for the Conservatives to be able to fight back," Flanagan said in a phone interview Wednesday.

HarperPAC, the brainchild of a team of Conservatives, launched earlier this week with an appeal for help from politically minded Canadians who support Conservative values.

In Canada, third-party groups can accept money from anyone, anywhere. Nor are there are any limits on their advertising efforts in the period leading up to the election call.

Former chief electoral officer Jean-Pierre Kingsley fears Canada is going down a path similar to the U.S., where political action committees, or PACs, raise untold amounts of money to influence political outcomes.

"We don't know who is contributing ... we don't know how much they are going to be spending," Kingsley said. "There is no legal obligation and therefore no legal penalty for lying to us."

Flanagan said he doesn't believe that PACs in Canada will ever reach the scales they have in the U.S.

Their Canadian counterparts "aren't going to get big bucks," he said.

THE CANADIAN PRESS

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Bi-Weekly 84 months **$252** | All in Price* **$33,995**

#147380

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Bi-Weekly 84 months **$280** | All in Price* **$37,798**

#5CA9639L

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Bootleg booze and pork amid Saudi revelations

WIKILEAKS

Leaks include the passport number of Hillary Clinton

WikiLeaks' publication of more than 60,000 Saudi documents has set pens racing across the Middle East with disclosures about the secretive Arab monarchy's foreign affairs. But lost amid the torrent of revelations are offbeat memos showing the underbelly of Riyadh's diplomacy, including candid accounts of booze runs and pork smuggling.

Among the revelations you may have missed:

It's illegal to drink, sell or possess alcohol in Saudi Arabia, which follows an ultraconservative interpretation of Islamic law, but foreign embassy staffers took advantage of their diplomatic immunity to go on liquor runs to neighbouring Bahrain, where the sale of alcohol is legal. Memos published by WikiLeaks describe their unsuccessful attempts to sneak the booze into the kingdom in amusing detail.

On Jan. 18, 2013, Saudi customs officials stopped a Mexican diplomat driving back from Bahrain with "several big suitcases" in his car trunk containing no fewer than 102 bottles of whisky and 48 cans of beer, according to one undated memo. On Feb. 2, 2012 an Azeri diplomat was stopped at customs with 28 bottles of whisky hidden in socks inside his car. That same day, customs officials stopped an Italian diplomat whose car had a taped-up hole cut into the back seat, according to two other Saudi memos.

U.S. Secretary of State Hillary Clinton in a press conference with Saudi Foreign Minister Prince Saud al-Faisal in Riyadh, Saudi Arabia, March 31, 2012. BRENDAN SMIALOWSKI/THE ASSOCIATED PRESS

> **It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran.**
> Toby Matthiesen, author and research fellow

Diplomats also sought to skirt Islam's prohibition of pork. A March 17, 2012 memo describes a Chinese diplomat's attempt to sneak 30 kilograms of ham into the kingdom in the trunk of his car.

It comes as no surprise that Sunni Saudi Arabia, which views Shiite Iran as its greatest regional rival, would take an interest in the spread of Shiite Islam. But some observations go into a startling level of minutiae.

Saudi diplomats are careful to estimate, for example, how many Eritrean students are studying abroad in Iran (40) and the number of Shiite Muslims in Mauritania (50,000). They were also concerned when a public debate was held between Shiite and Sunni Muslims near the Philippines' Al-Dahab mosque in Manila. Even though Shiites make up less than 1 per cent of the Muslim population in the Philippines, a memo dated Feb. 4, 2010 appears to express alarm that the religious minority's message "managed to get out of its secretive circle to the public."

"It is obsessive," said Toby Matthiesen, the author of a book about religious politics in Gulf Arab states and a research fellow at the University of Cambridge. "It proves the theory that Saudi foreign policy is at least in part sectarian and seeks to contain Shiism and not just Iran."

Among the torrent of private information leaked by the website is Hillary Rodham Clinton's passport number, included in a memo concerning a March 2012 visit to the U.S. Embassy in Riyadh.

WikiLeaks' trove of Saudi diplomatic documents includes a large amount of bureaucratic documentation and sensitive personal information, including sick leave reports, death certificates and hospital records. One document included in the haul details a 17-year-old's treatment for life-threatening medical problems. Another is a report describing severe leg injuries suffered by a 24-year-old at King Khalid Hospital in northeastern Saudi Arabia. A third describes the proposed treatment for a child with encephalopathy in the Czech Republic.

WikiLeaks spokesman Kristinn Hrafnsson did not immediately return an email seeking comment on the documents.
THE ASSOCIATED PRE

BACKGROUND

Riyadah likes leaks — as long as they are not Saudi

A memo addressed to a senior diplomat in 2011, several weeks after WikiLeaks released thousands of U.S. State Department cables, suggests the Saudis sifted through the American documents and read them too.
THE ASSOCIATED PRESS

FRANCE

Trial on for baby killings

A French woman went on trial Thursday accused of suffocating eight of her newborns, after she told investigators that she feared they were children of a long, incestuous relationship with her father.

Dominique Cottrez, 51, stands accused of multiple counts of first-degree murder of minors. She faces life in prison if found guilty by a jury in the northern city of Douai.

The worst infanticide case in modern French history stunned the country when the bodies were discovered in and around the Cottrez' village home in 2010.

Cottrez, who has two grown daughters, told investigators that over more than a decade, she carried several babies to term and then killed them. Cottrez' obesity appeared to hide the pregnancies, which went unnoticed by her husband, children, neighbours, colleagues and even doctors at a nearby hospital.

Dozens of forensic and psychiatric experts, police investigators and witnesses, including her husband, daughters and siblings, are scheduled to testify.

A withdrawn, secretive nurse's aide, Cottrez told investigators she was raped by her father, first when she was eight and repeatedly through her childhood and teenage years, according to judicial documents. She later entered a long, incestuous relationship with him as an adult, including after she married, and said that it became consenting — and even said she was in love with her father more than she was with her husband.

Her father died in 2007.

One of the first witnesses called to the stand Thursday is Leonard Meriaux, who bought the Cottrez family house and discovered the first corpse in the garden in 2010. He called police, who found another in the garden and six more in the garage of the house.

Investigators soon turned their suspicions to Cottrez, who quickly confessed. She told the investigating judge that she had never used contraception or had an abortion because of a phobia of doctors. She also said she did not keep the babies because she was afraid that they were the results of her incestuous relations with her father. She said the killing had become a "means of contraception," according to the judicial documents. The verdict is expected next Thursday.
THE ASSOCIATED PRESS

EUROZONE

Greek debt bailout talks fail again

A key meeting of eurozone finance ministers broke up without agreement on Greece's rescue package on Thursday, intensifying doubts about whether Athens can make a crucial debt payment due in just a few days.

Lower-level negotiations will continue and a new meeting of eurozone finance ministers is tentatively scheduled for Saturday.

Finance ministers from the 19 nations using the euro currency failed to bridge differences over the kinds of reforms that Greece's radical left government must implement to qualify for billions in new loans.

It was the latest in a series of negotiating road blocks, and a major setback since there had been hopes to reach a deal in time for European leaders to approve it at a summit later in the day.

"Eurogroup back later, but not today," Finland's finance minister, Alexander Stubb, tweeted as the talks broke up.
THE ASSOCIATED PRESS

IN BRIEF

Greek immigrant's children granted nationality

Greece has adopted legislation granting nationality to children of foreign nationals living in the country, provided they attend or have attended school in the country. Lawmakers approved the draft legislation Thursday, marking a rift in the country's governing coalition. The minority partner, the populist, right-wing Independent Greeks party rejected the bill submitted by the radical left Syriza party.
THE ASSOCIATED PRESS

U.K.

Racist machete attacker convicted

A man who attacked a Sikh trainee dentist with a machete in a racist assault intended as revenge for the slaying of a British soldier by Muslim extremists was convicted Thursday of attempted murder.

Zack Davies struck Sarandev Bhambra in the head with a 30-centimetre blade in a supermarket in Mold, Wales, in January. Witnesses said they heard Davies shout "white power" and "this is for Lee Rigby."

Rigby was run down with a car and stabbed to death in a London street in May 2013 by two men inspired by Islamic extremism.

A former soldier, Peter Fuller, managed to get between Davies and his victim and stop the attack.

Bhambra, 24, suffered what prosecutors called "life-changing" injuries.

Prosecutors said white supremacist material was found at Davies' home.
THE ASSOCIATED PRESS

The cooks of the Teppanyaki Grill at The Real Canadian Superstore located in Mississauga. Loblaws is tinkering with the idea of making shopping at discount Superstores feel like a premium experience, without the premium price.
CARLOS OSORIO/TORONTO STAR

Superstore revamps its food options

CONSUMERS

Loblaw-owned store aims to be a premium one-stop-shop

When it comes to discount grocery stores, saving money often means a warehouse setting, indifferent lighting and lacklustre fresh-food offerings.

Loblaw Companies Ltd., owner of various grocery and Shoppers Drug Mart stores across the country, is challenging that idea with a newly renovated pilot store in Mississauga, Ont., re-opening on Friday, bringing an elevated shopping experience to a Real Canadian Superstore.

"Retail is as much about evolution as anything. If you stay in any one place for too long, you'll be overtaken," said Andrew Iacobucci, president, discount division, Loblaw Cos. Ltd.

The Real Canadian Superstore at 3050 Argentia Rd. in Mississauga, renovated over six months, has a roasted nut and dried fruit counter; a wider variety of ingredients used in Middle Eastern and Asian cuisine; an aisle of rice in large-format sizes; and it carries Parle-G, a popular cookie manufactured in India.

The move is meant to serve the area's growing diverse population.

In-store features in the newly renovated space include fresh seafood, fresh vegetables a full-service Teppanyaki Grill providing fresh sushi to customers, a pita bakery, cosmetics, a wine shop, a dry cleaner, a pharmacy, a doctor, a gym, an expanded Joe Fresh section, baby products, home wares and electronics.
TORSTAR NEWS SERVICE

IN BRIEF

Lululemon issues recall of more than 300,000 tops
Lululemon is recalling about 318,000 women's tops, saying the hard-tipped elastic draw cords can snap back and injure the face or eyes of a wearer. The U.S. Consumer Product Safety Commission says seven people have reported injuries. About 185,000 tops were sold in Canada from January 2008 to December 2014. THE ASSOCIATED PRESS

market minute

DOLLAR
81.15¢ (+0.50¢)

TSX
14,897.50 (-50.01)

OIL
$59.70 US (-$0.57)

GOLD
$1,171.80 US (-$1.10)

NATURAL GAS: $2.850US (+9.1¢)
DOW JONES: 17,890.36 (-75.71)

TIM HORTONS

Eh-mojis celebrate the best of Canada

Just in time for Canada Day, Tim Hortons has launched a Canadian "Eh-moji" keyboard in the iTunes App store featuring 12 symbols that any true hoser would be proud to text.

The free keyboard features Canuck symbols including a maple leaf, beaver, Muskoka chair, barbecue, heart-shaped flag, moose, toque, fireworks, Inukshuk, "Eh" in English, "Tsé" in French, and, of course, a Tim Hortons cup.

It is a smart bit of patriotic digital marketing, and the company also wants feedback as to what might be missing. Using the hashtag #textlikeaCanadian, the company would like people to suggest additions that will be added in software updates, starting on July 1.

Tim Hortons' new EH-mojis. COURTESY TIM HORTONS

Emojis — Tim's Canadianizes with an H as "Eh-moji" — are an evolution of the smiley, that electronic texters can add to their communications in place of words or for emphasis.

"As Canadians, we have a unique way of expressing ourselves," said Peter Nowlan, chief marketing officer at Tim Hortons.

"We set out to create a set of emojis that personified our great country by capturing some of the things that make us unique. and are recognized around the world, starting with the name of the keyboard itself."

Canadian Android users shouldn't feel left out for too long. The Android version hits the Google Play store on Monday, June 29.
TORSTAR NEWS SERVICE

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Good news – now you can recycle more plastics. Like bread bags (non-foil), sandwich bags, fresh produce and bulk food bags, dry cleaning bags, frozen fruit and vegetable bags, newspaper/flyer bags and more. Remember to empty or rinse all bags to remove residue before they go into your Blue Bin.
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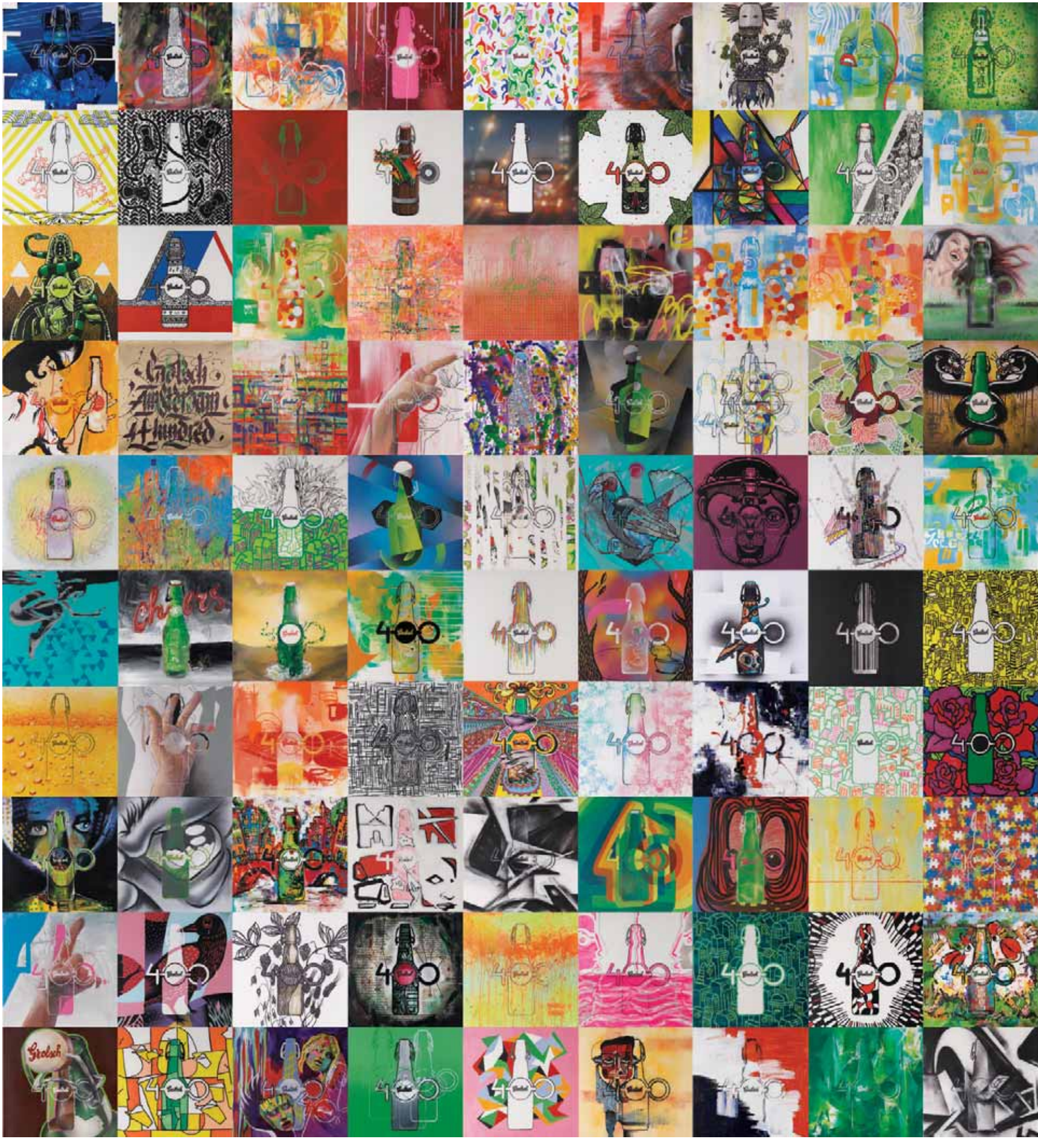
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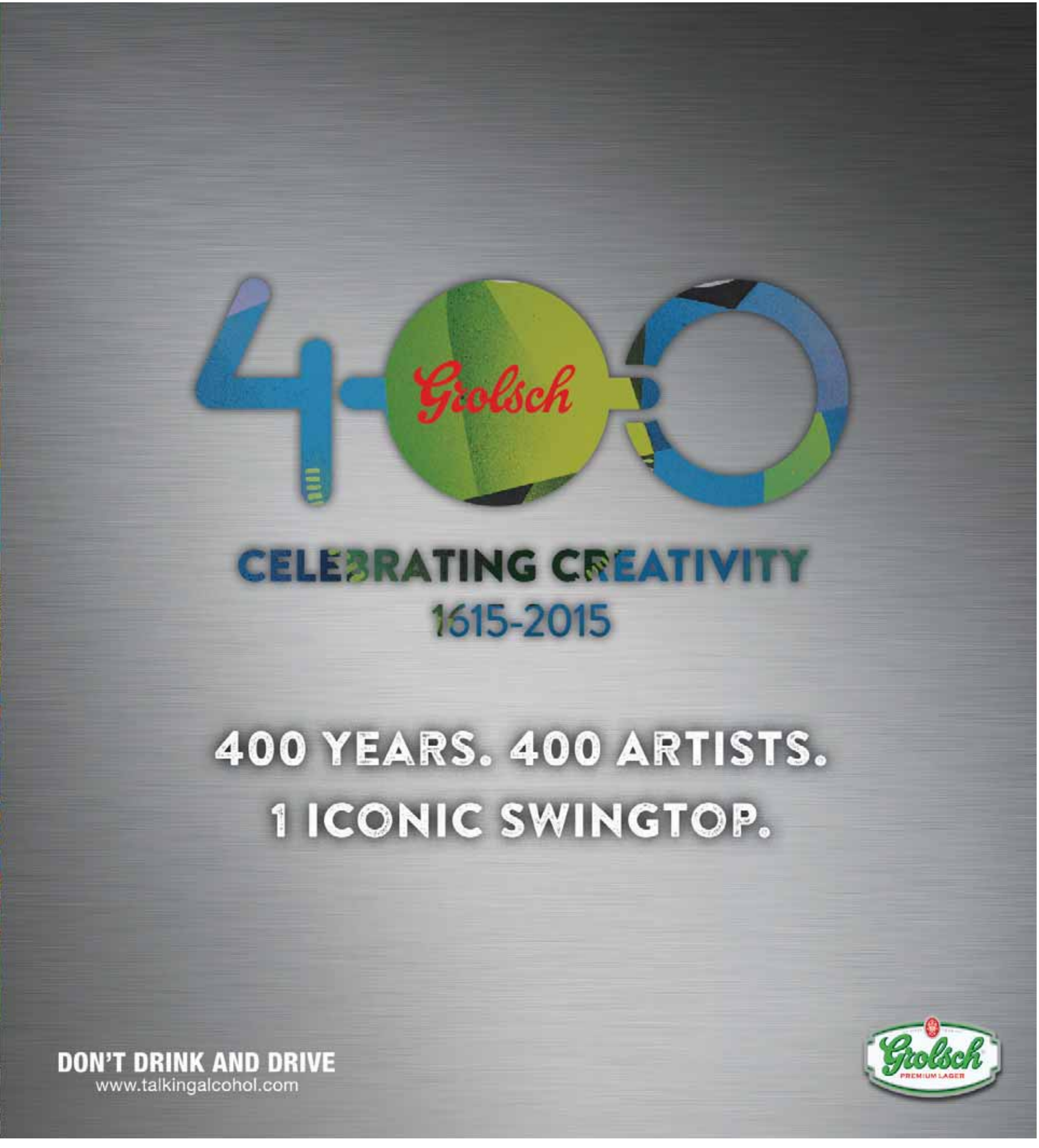
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ANDY BYFORD
CEO
TORONTO TRANSIT COMMISSION

Rollout of our new PRESTO smart card is gathering pace.

Twenty-five subway stations are now equipped with PRESTO readers, and with Queen Station coming before the Pan Am Games get underway on July 10, we will meet one more of our 2015 Customer Charter promises.

Once the Games are finished, we will resume work to have PRESTO available at every station by the end of next year. In parallel, design work is well advanced in preparation to fit readers on our streetcar fleet by the end of this year, and on buses by the end of 2016, thereby completing the rollout of PRESTO a year earlier than originally planned.

There are many advantages to this new way of paying your fare. Once PRESTO is fully implemented, we will progressively phase out tickets, tokens and paper transfers, meaning that passage through our subway stations will be much easier with no need to funnel past a collector's booth (that staff member will be able to serve you better inside the station). On buses and streetcars, card readers will be at every door. On streetcars, this will make boarding and the time spent at

stops that much faster, as the streetcar network will become 100 per cent proof-of-payment by the end of this year.

And by registering your PRESTO card, if you lose it or it's stolen, the balance on your card is protected once the card is cancelled.

We are often asked how PRESTO will work for customers who are entitled to discounted fares, such as students and seniors. Your PRESTO card will be encrypted with the type of fare to which you are entitled, meaning that it will only be debited with the appropriate fare. PRESTO will also spell the end of the existing Metropass. Details around unlimited travel options for one price, cash fares and other fare issues, and how to obtain a PRESTO card, will all be addressed later this year – well before full implementation.

A lot is happening behind the scenes to improve and modernize the TTC. Migration to PRESTO will be one of the most transformative changes yet.

***

And here's to a Happy Pride Parade for all! The TTC, once again, is a proud participant in this year's Pride Parade. Look for our specially-wrapped "Ride with Pride" bus on Sunday and every day on the 6 Bay route.

EMPLOYEE PROFILE

Name:	Position:	Years of Service:
Gayle Hollett	Bus Operator	7

I am honoured to be operating the TTC Pride Bus this year for the parade. Working for the Toronto Transit Commission has allowed me to grow as a person, especially during my transition; all of my colleagues have been extremely supportive. As someone who is transgender, I feel it is important to be yourself and not allow other people to take that away from you, because that is what Pride is all about!

Weekly Customer Service Report Week ending June 24, 2015	Actual % Target %	
Subway Deliver a punctual service	96% 97%	✕
Bus Deliver reliable headway	61% 65%	✕
Streetcar Deliver reliable headway	64% 70%	✕

TTC PROUD SUPPORTER OF PRIDE

Watch for our Ride With Pride wrapped bus and Wheel-Trans vehicle at Sunday's Pride parade, as TTC employees join the celebration by marching alongside the bus, handing out mardi gras beads and cooling spectators down with water toys.

TTC operator Gayle Hollett (see her in this week's Employee Profile) will drive the TTC PRIDE bus this year. The TTC will have extra staff available to assist customers at Bloor-Yonge, Wellesley and Dundas stations. Expect delays to the 506 Carlton, 505 Dundas and 94 Wellesley during the parade. The TTC encourages everyone to Ride with Pride on Sunday.

The TTC is gearing up to welcome the world to the 2015 Pan Am/Parapan Am Games. More than 1700 TTC employees have signed up as "Ambassadors" to assist customers through the system.

HAVE YOUR SAY ON MAJOR TRANSIT PROJECTS

Important decisions are currently being made for major transit projects in Toronto, and the City of Toronto wants to hear from you.

Decisions about transit corridors, alignments, and stations are being made for the Relief Line and the Scarborough Subway Extension.

Also, the feasibility of corridor options to connect Mt. Dennis to the Mississauga Airport Corporate Centre for SmartTrack is being studied.

It is important that everyone interested in the future of transit in Toronto have their say now. Visit toronto.ca/TransitTO before July 3 to provide your feedback online.

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metro VIEWS
Your essential daily news
WEEKEND, June 26-28, 2015

THE KOHLER REPORT: ON MAGICAL CONDOMS

Not until recently was there a product that could fall under the category of awkward technology.

We've all heard of good technology (penicillin), bad technology (automated checkout counters), but not until recently was there a product that could fall under the category of awkward technology.

Case in point: Three students from the U.K. won a top prize at the TeenTech Awards this week for a "smart" condom that changes colour or glows upon detection of a sexually transmitted infection. While the new prophylactic, cleverly named the S.T. EYE, would certainly be a boon for our physical health, my neurotic side has a lot of questions as to how this would actually play out. It's embarrassing enough when you're on a date and you realize you have something stuck in your teeth, imagine instead it's a disease stuck in your genitals.

Condoms are already one of the most awkward parts of having sex: from the look the woman at the pharmacy gives you when you buy them ("Getting lucky tonight, eh?"), to the impossibility of finding a place to keep them that doesn't look too organized or too much like you have no idea where a condom could be because it's been that long, to the dreaded moment of application, when for a few seconds the Jeopardy! tune starts playing. Now imagine the tune ending with Alex wryly announcing, "What is Chlamydia?"

Please note: while condoms are used by a plethora of people of many different sexual orientations, I will be using examples about heterosexuality, as that is what I know best. Okay, fine, it's all I know, I'm boring.

What would the parties to an already fraught encounter be thinking and feeling should one of these magical condoms indeed glow or change colour? While a Lord of the Rings fan might deduce that orcs are nearby, others might be more upset. The guy would be freaking out like, "Oh my God, what is it? Who was it? I guess that explains the tingling." And the girl would be like, "Would it be rude if I left right away, or should I pretend to cuddle for a while and sneak out when he's sleeping?"

It seems a titch unfair that testing only goes one way. Great, the girl knows the guy's clean, but who's testing the girl? There should be sensors on both sides of the latex, though by the time the guy found out the girl was packing a virus, it'd be a little late.

It's no surprise that the S.T. EYE was invented by a trio of 13- and 14-year-old science nerds. I'll wager none of them have yet encountered a condom, except maybe in health class, where, if their experience was anything like mine, they watched in an atmosphere of awkwardness and zero eye contact as their gym teacher unfurled, with disquieting competence, an expired Lifestyles onto an overripe banana. Should you ever find yourself in possession of an S.T. EYE, and you put one on a banana and the S.T. EYE changes colour, do not eat it. ("This tastes clappy.").

I'll admit this product could help a lot of people, especially hypochondriacs and sex workers. Safety in the workplace! But, let's face it, if a guy has chlamydia or gonorrhea, it might be a sign that he prefers to skip the condom. So remember, unless you're in a committed, blood-and-swab-tested relationship, "no condom" should glow just as bright to you as an S.T. EYE.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

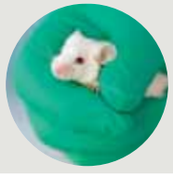
Happy face/Sad face

From **malicious monks** to a **letter of love**, Metro weighs in on the news making headlines this week

Clap for the power of science

After 50 years of failed science in this area, researchers at Harvard have hit on a promising experimental chlamydia vaccine — and figured out why the last one went so wrong. The study, using mice, showed that live bacteria are key to immunity. Even better news for the needle-phobic: the vaccine is a nasal spray. (It beats other STI-control methods we could name; see the Kohler Report above).

SOURCE: THE VERGE



Edmonton bachelor party gone bad

An Edmonton neighbourhood was stunned when 10 young men with nylons over their faces and brandishing (foam) baseball bats barged into a home and snatched the occupant. Six neighbours called the police, who responded with guns drawn and a chopper overhead. They chose not to lay charges against the men, who were guilty of "kidnapping" a groom for his bachelor party. SOURCE: VICE

Mock monks make a move for money

Buddhists in Ottawa are warning the public that panhandling is not a part of their faith. Stony-silent men with shaved heads, dressed in the flowing robes of Buddhist monks, have been accepting cash in exchange for trinkets from people downtown. It's "the easiest fraud you can to detect," said one local Buddhist. "If you give them money and they accept, then they are not monks." SOURCE: CBC.CA

Lovesick man makes a painterly plea

The Internet dissolved into tears this week after one man took to Weibo — a Chinese-language analog of Twitter — with a single, plaintive question: Does status matter if two people are in love? That's what the painter and decorator wrote in a viral letter to the disapproving mother of his university-educated girlfriend. No word yet on the mother's response, though it really should be positive: The young artist also promised not to borrow money. SOURCE: BBC.COM

ROSEMARY WESTWOOD

metroview

Mother Canada is flashy, substance-free patriotism

Your thank-you card is in the mail, Parks Canada.

Without you — and the 10-storey statue you're proposing to help erect in a national park — I would have never known Mother Canada.

So this must be the motherland? Guess I missed that social studies lesson on sexist nationalist symbolism.

Silly, I know, but I would never have thought to memorialize our war dead buried abroad by building a statue of a giant woman.

And, you know, Mother Canada sure doesn't look like I'd expect.

She's a sombre figure, draped in a cloak, standing at the edge of the Atlantic with arms outstretched to welcome us all into her bosom. From what I know of women's war effort, it was a little more "welding in munitions factories." A little less "uselessly standing on a rock." I think they might have even worn pants.

But I get it now — she's an echo of more patriarchic times. Our answer to Mother Russia and American gargantuanism. Our knock-off Lady Liberty.

Definitely the best $60 million (in mostly private funds; more on that later) spent on veterans issues. Even better than the $700,000 the government has used to fight veterans upset over benefits delays.

You know, I've walked along Vimy Ridge, beneath the incredible monument where the original Mother Canada stands (also called Canada Bereft, a name notably lacking in femininity). But I don't remember her. I remember imagining the soldiers in that battle, and standing among rows of white tombstones in the green grass of a small cemetery nearby, one of many that dot the countryside.

France is a trek, so I can see why you'd want to bring Mother Canada closer (and bigger!) for all 35 million of us — by putting her in a national park on Cape Breton, population 147,000.

I have a little suggestion, though: Since we're so angsty about upping nationalistic pride, maybe we could do more to get people out to Remembrance Day ceremonies? I think they're less well attended these days than mac and cheese festivals.

Never mind the fact that Parks Canada's own employees argue that the monument violates the site's wilderness-zone designation, or the fact that Parks Canada gave $100,000 in public money to the organization behind the project. It's a good thing we're getting Godzilla — sorry, Mother Canada. Now I know that we Canadians really do go in for that flashy, substance-free patriotism stuff.

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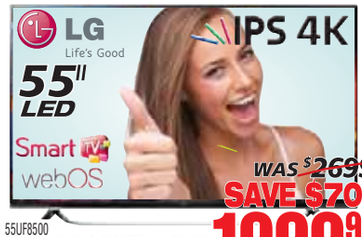

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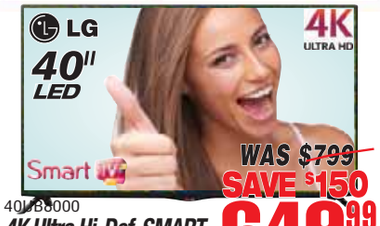

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Hollywood brings roles to bear

MOVIES

Ted isn't the first of his kind to grace the silver screen

IN FOCUS

Richard Crouse

Seth MacFarlane once again voices a foul-mouthed, pot-smoking bear in Ted 2. CONTRIBUTED

When John Bennett (Mark Walhberg) was a small, lonely child he wished for just one thing — a best friend. His wish came true and Ted (voice of Seth MacFarlane), his trusty teddy bear, came to life. The pair became "Thunder Buddies" for life and the subject of two movies, Ted and this weekend's Ted 2.

Ted isn't your usual teddy bear. He smokes pot, swears — imagine rooming with Tommy Chong and Charles Bukowski — and has trouble holding down a job.

In the new film, Ted is married to a human woman but under the eyes of the law he is seen as property and not a person. When the couple decides to adopt a child he faces a court battle helmed by a young lawyer (Amanda Seyfried) and a renowned, civil-rights attorney (Morgan Freeman).

Ted may be the rudest and crudest teddy bear to ever star in a movie, but there are loads of other talking teddies that are cool bears and not Teddy Bores. Remember Lancelot from Labyrinth, or the bear in AI: Artificial Intelligence — who tells the young robot that 50 years is not such a long time — and Winnie the Pooh?

Here are three more cinematic bear necessities:

"I'll never be like other people, but that's alright," says the star of the delightful Paddington, based on the much-loved children's books by Michael Bond, "because I'm a bear. A bear called Paddington."

The story of Paddington (voiced by Ben Whishaw) the cuddly, orphaned Peruvian bear picks up when he, armed only with a "worrying marmalade problem" and his distinctive red hat, lands at Paddington Station in London. There, a family adopts him and learns to love the little bear, even though chaos follows his every step. The film's co-star Hugh Bonneville says the Paddington character is so popular he is, "part of the DNA of the U.K."

The movie presents Paddington in his iconic blue duffel coat and red hat but not the usual Wellington Boots because they were not part of the bear's original design. Manufacturers added his red wellies so the toy teddies were able to stand upright.

As voiced by Ned Beatty, Lots-o'-Huggin' Bear is a Southern accented, strawberry scented teddy who looks cuddly, but is anything but. When a misunderstanding threatens to separate the toys, Woody (Tom Hanks), Buzz (Tim Allen), Jesse (Joan Cusack) and the gang take matters into their own tiny hands but when they meet the huggable but evil Lotso the garbage dump or the attic begin to look good.

"The guy may seem plush and huggable on the outside," says Buttercup the Unicorn, "but inside he's a monster." His habit of throwing toys that don't please him into "the box" is so evil he's even been compared to the wicked Governor on The Walking Dead.

MOVIE RATINGS by Richard Crouse

Ted 2 ★★★
Max ★
The Overnight ★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

Unlike Ted Fozzie the Bear doesn't work blue. The fuzzy brown jokester has been a big screen star since 1979's The Muppet Movie where he was discovered by Kermit the Frog doing stand-up comedy in a dive bar.

In the film Fozzie drives a Studebaker, but how, exactly, does a puppet manoeuvre a car? The film answers the question — "Where did you learn to drive?" Kermit asks. "I took a correspondence course!" — but the real answer is that the real driver hid in the trunk and drove the car by remote control, using a television monitor to guide his steering.

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Mark Wahlberg stars in Ted 2, his first-ever sequel film. According to Wahlberg, he was most attracted to the idea of changing the film's dynamic while also working with his good friend and director Seth MacFarlane. GETTY IMAGES

Marky Mark on his first time

TED SEQUEL

Wahlberg says he'll only do sequels if they feel 'different'

Matt Prigge
Metro | New York City

Mark Wahlberg doesn't do sequels. There's been talk of a second Italian Job, a second Four Brothers and even a follow-up to The Fighter that follows other boxers. But so far nothing has materialized, in part because he's picky. And yet here's Ted 2, his first sequel and a fairly different film than 2011's Ted, in which he played the owner-friend of a magically sentient talking bear, voiced by co-writer and director Seth MacFarlane.

"It was only worth doing it if we could make it better than the first. It had to be its own thing," responds Wahlberg over the phone from the film's London junket. "When people talk about sequels I always just shrug it off. If they develop a script I'll take a look at it. I always want to do something different and change the dynamic."

Part of that had to do with getting another chance to riff and hang out with MacFarlane. "Seth and I really have a lot in common. We have a knowledge of old, old television from the '70s and '80s," he explains.

That's one reason they're comfortable together onscreen, though it's not as ad-lib-heavy as it may seem. "We play around a lot, but the writers are so good you don't need to improv so much. You might find yourself in a scene where you need to interject life into it. But it's not as necessary as it is in other situations."

MacFarlane's reputation for shocking and offending people is very much in play in Ted 2, which includes race and gay jokes, plus one about Charlie Hebdo. Wahlberg doesn't really think about those kinds of responses when saying them.

"It's one of those things where we shoot it, put it in front of an audience and see how people respond," he explains. "He doesn't like to be censored, to be sure."

Wahlberg doesn't even get shaken by the Ted films' most challenging aspect: believably conversing with a CGI talking teddy bear. MacFarlane riffs with Wahlberg while standing around where the camera is, while his co-star stares down at what will later be a special effect.

"I feel like he's real. And if I believe it, I feel I can convince an audience," Wahlberg says of his methodology. "That's what Seth wants and that's the only thing I want to do: we want to make it real. We want to make it look real. Not make a joke of it and wink at the audience."

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THE TV DINNER JESSICA ALLEN

In the world of food, Seth MacFarlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it.

There are some things that I'm incapable of understanding: buying new jeans that are already ripped; city cyclists who wear fingerless biking gloves for their five-kilometre commute; and when people mispronounce mascarpone as "marscapone."

Other things, however, are more contentious. Take Seth MacFarlane. On one hand, he was instrumental in rebooting the original Carl Sagan Cosmos with Neil deGrasse Tyson. On the other, he's responsible for that song about boobs, which he performed while hosting the 2013 Academy Awards.

Then there's Family Guy, the cartoon for adults created by MacFarlane. I've never watched an episode. Hearing people conduct lengthy conversations during the show's height in the early 2000s as either Stewie, the talking baby, or Brian, the talking dog, was all the Family Guy I could handle.

Yes, it's unfair to judge a sitcom by its annoying fans. It's also unfair, my boyfriend Simon told me, to make your partner watch Ted, the 2012 feature film MacFarlane wrote and directed about Bostonian John Bennett (Mark Wahlberg) and his best friend Ted, a CGI teddy bear (voiced by MacFarlane) who teaches John to be a better human.

Their weed-fuelled bromance will continue on Friday when the sequel hits theatres. Ted 2 focuses more on its title character, who is married and wants to have a baby. Biology requires that Ted ask John to be his sperm donor. John agrees. But for Ted to have legal custody of the baby, the teddy must prove he is human.

THE FILM: TED 2

THE FOOD: 7 INGREDIENT SALSA

In the world of food, MacFarlane could be cilantro: you either love it, hate it — like Julia Child did — or are allergic to it. But few are indifferent.

Although food writer Harold McGee says cilantro is "the world's most widely consumed fresh herb," it's never really caught on in Europe or the Mediterranean where many say it tastes "soapy." No wonder: McGee writes that "the same or similar aldehydes" found in cilantro "are also found in soaps and lotions and the bug family of insects."

Cilantro haters voice their disgust on websites, blogs and Facebook pages, including one called I Hate Cilantro, which has 16,000 followers and is categorized as a political group. The lovers, including Simon, use it creatively: he once suggested I put it in a batch of ice pops.

I didn't, but it's a necessary ingredient in my seven-ingredient salsa, which a friend's father taught me how to make. Blitz a can of drained plum tomatoes, a red onion, a jalapeno, garlic clove, juice of a lime, a generous pinch of salt and big handful of cilantro in a food processor. It's so good that I can't recall the last time I bought jarred salsa.

I do remember, however, the last trailer that I laughed out loud watching. For better or worse, it was Ted 2.

Jessica Allen is the digital correspondent on CTV's The Social.

COMEDY

MacFarlane hasn't lost his edge

Family Guy creator Seth MacFarlane dismisses the notion that comedy has become more politically correct these days. Instead, he blames some members of the press for exaggerating the situation.

"They are screaming that everyone else is angry when they're not," MacFarlane said. "I don't buy it. I don't think it's real."

"This is the only thing I agree with my Republican friends on," he added.

MacFarlane feels there's a disconnect from the perception that the media creates and the way people actually think.

"Most people are capable of deciphering comedic situations from actual offences," he said.

MacFarlane attended the world premiere of his new movie, Ted 2, in New York City on Wednesday.

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Living a dog's life to the Max

FAMILY ADVENTURE

Lauren Graham talks working with kids and canine co-stars

Ned Ehrbar
Metro | Life

Lauren Graham, left, with her Max co-star Josh Wiggins, and Carlos the dog (inset). CONTRIBUTED

There's an old show business adage about never working with children or animals. The comment is usually incorrectly attributed to W.C. Fields, but no matter who coined the phrase, Lauren Graham clearly hasn't taken it to heart.

For her latest film, Max, about a military dog with PTSD that goes to live with the Texas family of its fallen trainer, Graham supports both a teenage co-star and a four-legged one. Yet, that doesn't mean she had any hesitations about the project.

"I've worked with a lot dogs — and a lot of kids," Graham says with a laugh. "You just know what to expect. It's another element of slight unknown, and a little bit of restriction in a way, because you can't just do whatever you want. You have to kind of be there for the animal or for the child. But that's OK."

In fact, that difference in the filmmaking environment can be a welcome change, Graham explains. "In a way it just kind of defines the world you're working in. And these dogs were incredibly well-trained, and for the most part they want to be working and they want to be rewarded for completing these tasks, so it was just kind of amazing to watch them," she says.

"They all live together with the same trainer, and they're all rescue dogs. They are friends, the dogs. They get along really well."

Best known for her work on television in both Gilmore Girls and Parenthood, some could argue that Graham is becoming something of an expert in playing characters who grapple with moody teenagers.

But Graham takes slight issue with that. "Well, on Gilmore Girls she wasn't so much moody when she was a teenager," she points out. "But they don't make enough movies about non-moody teenagers. I think that may be due to the fact that most of them are moody."

This film's moody teen is younger son Justin — played by Hellion star Josh Wiggins — a mopey hacker who sells pirated video games and shirks responsibility until his older brother's death in Afghanistan shakes up the family.

"He felt like a different kind of actor to me," Graham says of Wiggins. "And this was such a different world to play this family who are in Texas and the military is a very big part of their lives, so it felt like a different challenge."

> **"You can't just do whatever you want, you have to kind of be there for the animal or for the child**
> Lauren Graham

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Yes, that Perez is in the House

Perez Hilton, left, will star as Full House dad Danny Tanner in the musical based on the television classic. PHOTO ILLUSTRATION METRO

MUSICAL COMEDY

Gossip blogger to play the dad in Full House The Musical

Richard Crouse
Metro | Life

When most people of think of Perez Hilton they think of his blog PerezHilton.com, a gossip site that last year was ranked 1,234th most trafficked website on the Internet.

If Perez has his way, however, you'll start thinking of him as a musical comedy star. The Tisch School of the Arts graduate is set to star in National Lampoon's Full House The Musical! A Tanner Family Parody! at Toronto's Randolph Theatre for a limited run before the show moves to New York in September.

Hilton found out about the show, fittingly enough, on the internet. A friend posted a notice about the musical on his Facebook page. "I left a comment saying, 'I need to be involved. I need to be in this show,'" he says. "I even joked I would be Mary Kate and Ashley. One of the creators, Tobly (McSmith), said, 'Is Perez serious?'"

He was serious, but the show isn't. Featuring tunes like This House is Too Full and Our Family is Better Than Your Family, the musical shows what happens when, "something happens where (Danny) loses his ability to give 'dad' speeches and all hell breaks loose."

> **I even joked I would be Mary Kate and Ashley**
> Perez Hilton

The show will "both celebrate and skewer the source material," he says. "In this one not only am I playing the family patriarch Danny Tanner, but I'm also playing Bob Saget. So we satirize the show and incorporate elements of these actor's lives that we know and love."

Hilton hopes people will accept him as Danny Tanner. "It may be hard for people to forget about Perez Hilton at the beginning but hopefully as the show goes on they kind of lose themselves in the experience and start to see me as the characters I play in this show."

LET ME ENTERTAIN YOU

Papa Perez has a grand pla n

Over the past year and a half, Hilton has acted in Sharknado 2 and Hot in Cleveland, and has a starring role in the upcoming horror film Most Likely to Die. He says his goal is to have a long career "doing many different things" as a general entertainer, like the late Joan Rivers.

Now a father of a two-year-old and a newborn, he jokes he's too old for late-night parties like last weekend's Much Music Video Awards, which he used to frequent. But he does love living in New York City. "I do so much with my kids, because there's so much to do and it's so easy to do it." THE CANADIAN PRESS

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A not-so-innocent invite

SEX COMEDY

Adam Scott talks about baring it all in The Overnight

Steve Gow
For Metro

Adam Scott has a few helpful words for young parents learning to make new friends in modern suburbia.

"Don't take your pants off before you're ready would be my advice," said the star of TV's Parks & Recreation in a recent interview in Toronto.

While that seems like an offbeat metaphor, it also would've been a practical pointer for Scott's character in The Overnight — a new sex comedy in which he and his on-screen wife (Taylor Schilling of Orange Is The New Black) attend a seemingly innocuous dinner party only to find their mysterious new neighbours have other plans.

As the evening unfolds, the couple is soon caught up in a nightmare that has them evaluating their sexual mores and pondering their predictable marriage.

In The Overnight, what starts as a dinner party deviates after the kids go to bed. CONTRIBUTED

"I did relate to it in a lot of ways," said Scott, who is married with two children himself.

> **Don't take your pants off before you're ready.**
> Adam Scott

"Taylor's and my character, we are happy (and) they love each other very much. It's just their position with each other and the position of their relationship gets a little unmoored. And all you need is to be unmoored a little bit to start questioning everything."

For Scott's character, that meant facing not only a few homoerotic impulses but a rather intimate inadequacy that has gathered a lot of media attention since the movie premiered at the Sundance Film Fest.

Indeed, Scott knew donning a diminutive penis prosthetic on-camera would be shocking, but he never thought he'd have to discuss it at such length.

"I was on this HBO show Tell Me You Love Me and we had prosthetic penises on that so I talked about it a bit then," laughed Scott. "But I had no idea what I was in for."

As painful as shooting those "nude" scenes must have been, they pale in comparison to the overall suspense of the story. After all, sophomore filmmaker Patrick Brice has said he aimed to shape the swinger comedy into a nail-biting thriller.

"A friend of mine said it's like a horror movie where sex is the monster and I completely agree with that," said Scott. "We've had screenings where people are yelling at the screen, just like a horror movie."

SCOTT SAYS

Learning from the best

Although his most famous work is in TV's Parks & Recreation and cult-hit Party Down, Scott says it wasn't until he starred opposite Will Ferrell in 2008's Step Brothers that he found his comedy mojo.

"I was mostly doing dramatic stuff," admitted Scott. "So it was really hard. But if you're going to learn (comedy) anywhere, it may as well be with those guys. They're the coolest!"

Director's chair

Backing the film as a producer, Scott hopes he can someday make the jump into directing as well but its something he isn't rushing. "I want it to be the right thing," said Scott. "If you make one movie and it's not good, then chances are, you aren't going to get that chance again."

On pushing his comfort level

"When I read it, I thought this is very uncomfortable for me — not just the physical stuff but the emotional stuff was creepy," said Scott. STEVE GOW

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Aussie director talks pushing boundaries in The Little Death

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Metro | Life

The sex files

Josh Lawson and Bojana Novakovic in The Little Death, a comedy about five couples' complicated sex lives. CONTRIBUTED

Australian director Josh Lawson's debut, The Little Death, delves into the sex lives of five Sydney couples and the comic consequences that arise from lovers clumsily admitting their secret desires to each other. One storyline in particular has been getting the bulk of the attention, though.

Are any of these storylines based in truth in any way?
In fact, the rape fantasy was where it all started, and it came from a confession — or admission, really. Confession makes it sound like she's done something wrong, and there's certainly nothing wrong with having a rape fantasy. But it was at a dinner party many, many years ago. You know, we'd had a few glasses of wine and the subject came up, and this girl said it was a fantasy of hers. I was so fascinated by it.

Was that something you'd ever come across before?
I certainly knew of rape fantasies, but I'd never really spoken with anyone with such candour about it. I just really felt there was something in it. I really felt like I'd never seen something like that explored on film, and when I researched that fetish, other fetishes sort of came up. And the more fetishes came up, the more I realized there was just so much to it — the world of fetishism and kinks.

It does seem to persist being a source of real shame for people, though.
It's well-observed. I really was fascinated at what point in any relationship you tell someone, "Hey, I'm really into this." I mean, we all do it in our own way. But yeah, I think sex is that last taboo subject in a lot of ways. There is a lot of shame associated with it, there's fear associated with it.

> **I think sex is that last taboo subject in a lot of ways.**
> Josh Lawson

Do you have a favourite of the couples, as a writer?
I love them all, I really do. I'll say this, there was one story that has met with a lot of resistance in terms of funding for a long, long time, but I'm proud of the achievement and the actors. The first one is the rape story. People always contest that we're making jokes about rape, but I don't think that we are. I think it's because there's the issue of rape in a comedy, but the comedy never comes from us making fun of it or treating it lightly. I understand where the controversy is coming from, but I refute it, obviously.

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Now playing

COMEDY

The Overnight

Director: Patrick Brice
Starring: Taylor Schilling, Adam Scott

A young couple spends an increasingly bizarre evening with the parents of their son's new friend.

ROTTEN TOMATOES™ SCORE

Critics: 80% Audience: 78%

ANIMATION

Inside Out

Directors: Pete Docter, Ronnie del Carmen
Starring: Amy Poehler, Bill Hader

Riley is uprooted from her Midwest life when her father starts a job in San Francisco.

ROTTEN TOMATOES™ SCORE

Critics: 98% Audience: 92%

ACTION & ADVENTURE

Max

Director: Boaz Yakin
Starring: Jay Hernandez, Robbie Amell

A military dog from Afghanistan is adopted by his late handler's grieving family in the U.S., where his close bond with the soldier's brother leads to a life-altering revelation in this family-friendly adventure from MGM and director Boaz Yakin, who co-wrote the screenplay.

ROTTEN TOMATOES™ SCORE

Critics: 36% Audience: +94%

COMEDY

Ted 2

Director: Seth MacFarlane
Starring: Mark Wahlberg, Seth MacFarlane

Newlywed couple Ted and Tami-Lynn want to have a baby, but in order to qualify to be a parent, Ted will have to prove he's a person in a court of law. Seth MacFarlane returns as the voice of the titular bear in this follow-up to the 2012 live-action/CG-animated comedy.

ROTTEN TOMATOES™ SCORE

Critics: 46% Audience: +95%

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COMEDY

The Little Death

Director: Josh Lawson
Starring: Bojana Novakovic, Damon Herriman

The Little Death, from Australian writer-director Josh Lawson, is both an edgy sex comedy and a warm-hearted depiction of the secret lives of five suburban couples living in Sydney. The story explores a range of sexual fetishes and the repercussions that come with sharing them.

ROTTEN TOMATOES™ SCORE

Critics: 52% Audience: +59%

DRAMA

7 Minutes

Director: Martin Jay Sadoff
Starring: Luke Mitchell, Jason Ritter

After becoming indebted to a psychopathic drug lord, three desperate young men are forced to commit a brazen robbery. What begins as a simple plan — "in and out in seven minutes" — quickly escalates into a dangerous game of life-or-death as true motives are revealed.

ROTTEN TOMATOES™ SCORE

Critics: 17% Audience: +73%

Workout wear for the fashion crowd

TREND

Healthgoth trend started by an out-of-shape DJ

With a nightlife entourage, Chicago's Johnny Love and his crew have helped propel a fitness subculture movement that's become known as healthgoth.

With their tattoos, piercings, coloured hair and black mesh workout gear, the healthgoth followers don't fit the traditional gym rat mode.

The success of Love's viral Healthgoth Manifesto video on YouTube and his underground parties have brought him international fame. He toured his pop-up gym installations, making stops across America from Chicago to Austin for SXSW to Toronto (Love's Soft Leather dance party recently touched down in the city). Love and his posse walk participants through a series of exercises from his three-day free-weights routine, while DJs keep the energy levels up.

It all started when, going into his early 30s, Love had been on tour for months when he noticed things happening to his body.

"It was a gradual progress of my own fattening up with my face getting rounder and I looked really soft," he said.

He did what lots of people do when they need fitness advice and asked a more experienced friend for tips. Being on tour and not having a workout routine or gym membership, his options were limited but the weight loss solution he got was simple.

"You don't need a gym membership," said the friend, "just quit eating carbs. Start tomorrow." Love was incredulous — it worked.

His current routine is not unlike many others you might encounter at the gym.

DJ Johnny Love's Healthgoth Manifesto video has brought him international fame. TORSTAR NEWS SERVICE

"There's a chest and biceps day, back and triceps day, and leg and shoulders day. And if there's room, we do an abs routine," he said. "If you still have strength at the end of Day 3, you can do a last calf exercises until your legs are burning and it's time to go home. If you're sore, then you're doing a good job."

The healthgoth fashion esthetic emerged from the Internet, inspired by avant-garde designers like the Rick Owens and Alexander Wang. As the fitness trend has gone global, mainstream designers like Nike, Under Armour and Adidas are creating specialized lines to fill the growing "alternative" activewear niche.

TORSTAR NEWS SERVICE

Concert-goers Juan Solorzano and Jennifer Nguyen at Electric Island Toronto. JESSE SHIP/TORSTAR NEWS SERVICE

#THE6 SHOPPING LIST

Ardith, 373 Roncesvalles Ave.
The west-end shop carries edgier lines of innovative mesh-heavy, tie-dyed and animal-print workout wear from brands like Lucas Hugh and Canadian labels Michi, Vancouver's Daub + Design and Toronto's Hoi Bo. While female-focused, some could complement a unisex look.

Haven, 145 Berkley St.
With their first brick-and-mortar shop in Edmonton, Haven has Japanese avant-garde and sporty deep in their DNA, stocking limited runs of Junya Watanabe contemporary TAKAHIROMIYASHITA The Soloist's line, and oversized reflective running ponchos from Barbour & White Mountaineering and the latest collaborative designer supergroup, ACRONYM and Stone Island's Shadow Project.

Adidas Originals, 389 Queen St. W.
It's impossible to ignore the originator and first choice for healthgoth enthusiasts who covet collaborations with designers like Japan's Neighbourhood and London's Mary Katrantzou. Summer 2015's inflatable car tire-inspired Tubular sneaker collection may give Nike's Roshe Runs a run for their money.

Nomad, 819 Queen St. W.

Incorporate the latest Fear of God tanks, Nike Tech Fleece shorts and Raf Simons Velcro sneakers into your training sessions thanks to the Queen West bastion of cutting-edge menswear.

TORSTAR NEWS SERVICE

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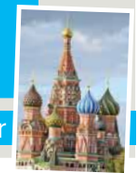
metro TRAVEL

Your essential daily news

Nearly 5 million more foreign tourists visited Russia in the first quarter this year



Coastline, seafood without the crowds

A squall rolls in from the Gulf of St. Lawrence along the Cabot Trail in Cape Breton Highlands National Park, N.S. JOHN LUMPKIN VIA THE ASSOCIATED PRESS

NOVA SCOTIA

Outdoor pursuits await visitors on Cabot Trail

Rounding a curve on the Cabot Trail, you see it: an elongated pile of granite jutting toward the Atlantic Ocean.

It's called Middle Head, and it's part of Cape Breton Highlands National Park on Nova Scotia's Cape Breton Island. The views from here are stunning, whether a sandy beach below or brooding Mount Smokey above.

At Middle Head's entrance is the 75-year-old Keltic Resort, which can serve as a well-appointed base camp for exploring the 950-sq.-km. national park and the Cabot Trail, a ring road.

Reminiscent of Ireland's formidable Ring of Kerry, Cabot Trail's 298-kilometre route clings to cliffs, plunges into deep native forests and connects small coastal communities whose heritage comes from French, Irish and British settlers, as well as the Mi'kmaq, the region's indigenous people.

Highway signs may be in French or Gaelic, as well as English.

Navigating sharp bends and steep descents, motorists can stop at numerous "look-offs" that may be safer than gawking through the windshield.

Birds are abundant, marine life can be observed during off-shore tours, and a moose or two may materialize.

One difference between the Ring of Kerry and its Canadian counterpart is the crowds.

Here, tour buses are rare and other traffic is light. Just make sure you know where gas stations are.

For the peckish along the Cabot Trail, an extraordinary club sandwich is served at the unpretentious Seagull Restaurant near the Keltic Resort.

It is packed with chunks of locally caught lobster, smoked bacon and summer-fresh lettuce and tomato on crusty toast.

The chowder is prepared daily by the octogenarian owner and retired coal miner, John Dan Jobes. In his broth could be crab, scallops, salmon, mackerel, cod or halibut.

IF YOU GO

Check out Cheticamp, a French-Acadian fishing village; the Bell Museum in Baddeck; and Glenmora Distillery in Glenville.

Up the highway is the Chowder House in Neil's Harbour, a fishing village with stacks of lobster traps on its wharfs.

Chowder House's 16 indoor picnic tables were crammed before noon on a weekday with offerings of lobster sandwiches, crab cakes and both clam and seafood chowder.

Its mussels could have been harvested that morning from Cape North near where explorers John and Sebastian Cabot were said to have landed in 1497.

Working up an appetite is not difficult. Hiking trails for different skill levels are plentiful throughout the national park, including more than a half-dozen near its entrance at Ingonish Beach.

One low-impact guided hike traverses the length of Middle Head through trees and patches of knapweed, elderberry and wild daisies to its tip for a 270-degree panorama of the ocean and faraway jagged shorelines.

Said to be among the world's top cycling destinations, Cape Breton Highlands has strategically placed campgrounds for longer Cabot Trail rides and several off-pavement trails.

The main lodge at Keltic Resort near Ingonish Beach, N.S.
JOHN LUMPKIN VIA THE ASSOCIATED PRESS

Golf at internationally ranked Highland Links adjacent to Keltic Resort can be arduous, if you walk rather than ride in a motorized cart.

Highland Links' holes wind by the sea, twist through dense woodlands or border the Clyburn River. The trek from the first tee to the 18th green is 13 kilometres.

With what's left of the day, you could attend a "ceilidh" at a local parish hall where musicians gather to play or spend it in the Highland Sitting Room at Keltic, with ocean views, twin fireplaces and entertainers.

THE ASSOCIATED PRESS

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Think you know Canada, eh?

CANADA DAY

Quiz focuses on unique attractions countrywide

ON THE MOVE

Loren Christie

In honour of Canada's 148th birthday on Wednesday, let's celebrate our collective quirky side by testing your knowledge of our country's most bizarre and unique tourist destinations.

1. Cap-Egmont, P.E.I., is home to a collection of three buildings made from 25,000 recycled what?
a) Egg cartons
b) Bottles
c) Horseshoes

2. Every spring tens of thousands of snakes, the largest gathering in the world, emerge from their winter dens. Which province is home to this slithering frenzy of activity?
a) New Brunswick
b) Manitoba
c) British Columbia

3. The ferry service between these two cities is the oldest continually operational salt-water ferry service in North America.
a) Halifax-Dartmouth
b) Vancouver-Victoria
c) Ottawa-Montreal

4. This Vancouver Island town is home to world's largest hockey stick and puck.
a) Duncan
b) Nanaimo
c) Tofino

5. This province is home to The Myriad View, Canada's first legal moonshine producer.
a) Saskatchewan
b) Quebec
c) Prince Edward Island

6. Which province can lay claim to giant roadside attractions that include an apple, a nickel and a really large Canada goose?
a) Newfoundland
b) Ontario
c) Alberta

7. This island is the largest island in a freshwater lake in the world.
a) Miller's Island
b) St. Pierre and Miquelon
c) Manitoulin Island

8. This city has the most pubs per capita in Canada.
a) St. John's
b) Toronto
c) Halifax

9. True or false, the Ice Hotel, outside of Quebec City, is rebuilt every year from scratch.

10. Carl Lindley, a homesick U.S. soldier building the Alaska Highway, posted a sign post to his hometown in 1942. Today the Sign Post Forest in Watson Lake, Yukon, has how many signs from all over the world hammered to row upon row of posts?
a) 77,000
b) 7,700
c) 77

11. Which of the following festivals does not exist?
a) Nanaimo's World Championship Bathtub Race
b) The Great Klondike International Outhouse Race in Dawson City
c) The National Frog Jumping Championships in St. Pierre-Jolys, Man.

12. Alberta's Wood Buffalo National Park is home to the world's largest what? It's so big it can be seen from space.
a) beaver dam
b) eagle's nest
c) canoe

13. The Leifsburdir in Newfoundland is the only sod-covered restaurant in North America. It serves up traditional —— food.
a) Acadian
b) Viking
c) British

ISTOCK

Answers:

1. b	8. c
2. b	9. True
3. a	10. a
4. a	11. Trick question
5. c	— all exist
6. b	12. a
7. c	13. b

The courtyard at the Uffizi Gallery in Florence, Italy. WIKIMEDIA COMMONS

ITALY

Florence museums open late

Three highly popular tourist attractions in Florence, Italy, including the Uffizi Gallery, will be open on Saturday nights.

The Italian Culture Ministry announced earlier this week the Uffizi, the Accademia Gallery and the Bargello National Museum, starting this week, will be open Saturdays from 7 p.m. until 11 p.m. The special initiative runs until Dec. 19.

The Uffizi is Italy's top-drawing museum. The Accademia is famed for Michelangelo's sculpture David. The Bargello is mainly dedicated to sculpture.

THE ASSOCIATED PRESS

TRAVEL NOTES GLOBAL HOTSPOTS, KEY MAKEOVER AND BAJAN BARGAINS

London wins
MasterCard's 2015 Global Destination Cities Index recently cited London as the world's busiest tourist city, projected to get almost 19 million visitors this year. That's a lot of selfies with Big Ben. Bangkok placed second with a little more than 18 million. Paris is next (16 million), followed by Dubai (14.25 million), Istanbul (12.5 million) and New York (12.25 million).

London is one busy tourist city. TIM STEWART

Facelift in Florida
Hawks Cay, a quiet resort on Florida's Duck Key in the south end of the state, just finished a $22-million renovation, sprouting a new adults-only section and new family suites, plus revamped meeting space to the tune of 20,000 sq. ft. Updates also include facelifts to the spa. A Marina Walk cultural and market area debuts early 2016. Visit HawksCay.com.

The sun goes down on Hawks Cay. JASON STEMPLE

Romantic seclusion
Newly restored, The Crane resort hotel in Barbados is offering 35 per cent off all rooms from now until July 15 for travel before April 14, 2016. Enjoy private pools, gardens, old-world charm and natural beauty. Guests staying for a week get additional resort credits. Email reservations@thecrane.com for details. Booking code: SUM2015.

DOUG WALLACE

The Crane resides in the Barbados. CONTRIBUTED

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Atlanta outfielder Nick Markakis's record error-less streak ended at 398 games

WEEKEND, June 26-28, 2015

Plot thickens at No. 3 in draft

NHL

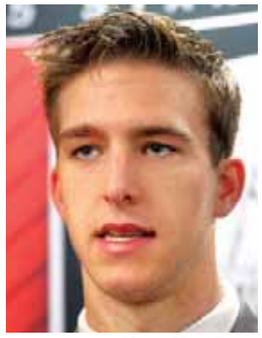
Picture gets cloudy after first two picks

With Connor McDavid and Jack Eichel locked in as the top two picks in the NHL draft to the Edmonton Oilers and Buffalo Sabres, the Arizona Coyotes hold the keys to the madness that could ensue Friday night.

"The draft begins with our pick at 3, and that's when the intrigue starts," Coyotes general manager Don Maloney said. "Do we keep the pick? Do we trade the pick for a group of younger players plus a later pick? There's all kinds of possibilities."

The possibilities are endless not only for the Coyotes but the rest of the top 10. In what could be the best draft since 2003, there's a feeling that big-impact players go deep.

"It's a great draft at the top," Ottawa Senators assistant GM Pierre Dorion said. "Everyone knows about the No. 1 and 2 players, but then you've got a crop of 10, 15 guys that are going to be really good players."



Defenceman Noah Hanifin is considered by some the third best prospect in the draft. BRUCE BENNETT/GETTY IMAGES

In what order after generational talents McDavid and Eichel is anyone's guess. Boston College defenceman Noah Hanifin is considered by some the next best prospect, but Erie Otters centre Dylan Strome, London Knights forward Mitchell Marner and Brandon Wheat Kings defenceman Ivan Provorov don't make it easy.

Throw in Kingston Frontenacs/Canadian world junior winger Lawson Crouse and Finnish winger Mikko Rantanen and the top 10 could be topsy turvy.

"Very unpredictable," said Ron Hextall, whose Philadelphia Flyers pick seventh. "I think they typically are, but it's very unpredictable who's going to go 4, 5, 6."

Hextall said "the hockey world probably has Hanifin as No. 3." But if the Coyotes keep the third pick, they could sure use a centre like Strome for the long-term future.

"The team and the person picking third are very, very excited about the opportunity to select that next player going there as well," Boston Bruins GM Don Sweeney said on a conference call last week. "So there will be plenty of surprises below those two players that have certainly garnered and deserve all the attention that they're getting."

THE CANADIAN PRESS

4

The Maple Leafs own the fourth pick in the draft

McDavid 'looking forward' to hearing his name called

Connor McDavid is expected to be selected first overall in the draft by the Oilers. BRUCE BENNETT/GETTY IMAGES

For Connor McDavid, this is only the beginning.

And he's eager to see what comes next.

There's no mystery, no drama, no guessing about what will happen when the Edmonton Oilers make the first pick in Friday night's NHL draft. It's going to be McDavid's moment, as hockey's latest heir apparent — a six-foot-one centre who's already been compared to the game's royalty — takes his first steps on the road to what many expect will be a rapid rise to professional stardom.

"You only go through the draft process once and it's something you want to savour," McDavid said. "It's something I've been looking forward to for a long, long time. (You're) going to be so happy when you're drafted, but that's when the hard work starts."

He's going to a place that saw the Stanley Cup get hoisted five times in seven seasons from 1984 through 1990, with no titles since and not even as much as a playoff appearance since 2006. And the Oilers haven't exactly cashed in on having the top pick; McDavid will be their fourth No. 1 overall selection in the last six years.

But the Richmond Hill native is supposed to be different.

"Time will tell, but at this age, yes, probably," Florida general manager Dale Tallon said when asked if McDavid is the best prospect since Sidney Crosby. THE ASSOCIATED PRESS

CFL REDBLACKS, ALOUETTES KICK OFF SEASON IN MONTREAL The Redblacks' Travis Brown, bottom right, tackles the Alouettes' Tyrell Sutton with the assistance of teammate Jerrell Gavins during the CFL's regular-season opener on Thursday night in Montreal. The Argos will begin their season on Saturday in Fort McMurray, Alta., against the Eskimos. For Thursday's result, go to metronews.ca. GRAHAM HUGHES/THE CANADIAN PRESS

IN BRIEF

Towns drafted by T-Wolves with first overall pick

The Minnesota Timberwolves selected Kentucky's Karl-Anthony Towns with the first pick in the NBA draft.

Karl-Anthony Towns THE ASSOCIATED PRESS

The Timberwolves went for the freshman centre Thursday night in their first time owning the No. 1 pick. They can add him to a young roster featuring Rookie of the Year Andrew Wiggins.

The six-foot-11 Towns averaged 10.3 points and 6.7 rebounds in just 21 minutes per game.

THE ASSOCIATED PRESS

Reports: Raptors send Vasquez away on draft night

The Greivis Vasquez era in Toronto appears to be over.

The Raptors have traded the backup guard to Milwaukee, according to numerous reports. The Raptors receive the No. 46 and a future first-round pick in return.

The move frees up a significant amount of cash for this summer's free agency. The 28-year-old from Venezuela was set to make $6.6 million US next season.

Vasquez averaged 9.5 points, 3.7 assists and 2.6 rebounds in 82 games last season. He shot 40.8 per cent from the field, and hit a career-best 37.9 per cent from three-point range.

Later on Thursday night, the Raptors drafted Delon Wright out of Utah with the 20th pick. THE ASSOCIATED PRESS

Lester pushes winless streak to seven starts

Jon Lester's winless streak stretched to seven starts when he lasted four innings in his shortest outing in more than three years, and the Los Angeles Dodgers beat the Chicago Cubs 4-0 Thursday for a four-game split.

Signed to a $155-million, six-year contract, Lester (4-6) allowed four runs, four hits and four walks, while striking out five. He is 0-4 with a 4.43 ERA since beating Pittsburgh on May 16.

Lester had not gotten that few outs in a start since lasting two-plus innings for Boston in an 18-3 loss to Texas on April 17, 2012.

Carlos Frias combined with four relievers on an eight-hitter for the Dodgers.

THE ASSOCIATED PRESS

IN BRIEF

Concussions go under the microscope

More than 35,000 college athletes and cadets at U.S. service academies are helping researchers write a new, extensive and groundbreaking chapter in the study and tracking of concussions.

With about $22 million in funding from the NCAA and Department of Defence, the college students have agreed to be monitored over a period of years, even decades, to determine the frequency, severity and cumulative effects of head injuries in their respective activities.

Baseline data has already been gathered on 6,500 students, about 225 of whom have suffered concussions and been evaluated. THE ASSOCIATED PRESS

Watson returns to site of first PGA Tour title

Bubba Watson made himself right at home in the Travelers Championship — again.

Watson shot an 8-under 62 on Thursday in Cromwell, Conn., to take a two-stroke lead in the event he won in 2010 for his first PGA Tour title. He has finished in the top 20 five times in eight previous starts at TPC River Highlands.

It was the two-time Masters champion's lowest round in the event.

Keegan Bradley was tied for second with Jason Gore, Seung-Yul Noh, Brian Stuard and Harris English, who shot a 30 on the back nine. THE ASSOCIATED PRESS

Hurt, but still in the game

WOMEN'S WORLD CUP

Sesselmann overcomes knee injury to help Canada

Canada defender Lauren Sesselmann has clawed her way back into the women's national team lineup after tearing her ACL in training for last year's Cyprus Cup. MINAS PANAGIOTAKIS/GETTY IMAGES

The post-practice ice bag on Lauren Sesselmann's knee is a reminder of the veteran defender's painful journey to the Women's World Cup.

At times it has been one step forward, two steps back in her return from anterior cruciate ligament surgery. The 31-year-old has had some missteps at the tournament. But the resilient Sesselmann has bounced back and continues to line up alongside teenage centre back Kadeisha Buchanan in a stingy Canadian defence.

In the tournament opener against China, a giveaway during a passage of erratic play in the first half meant Sesselmann had to convince coach John Herdman to keep her on the field. There were also some hiccups in the round-of-16-game against Switzerland.

Herdman has defended his centre back. But Sesselmann has felt the heat from the media, perhaps unfairly for an athlete who has had to go from zero to a 100 in returning from a serious knee injury.

"You hear it here and there," she said of the criticism. "People are always going to have something to say. You can be the best player in the world and they still have something to say. I'm not even worrying about that. I look where I am and how far we've gotten at the tournament and it's kind of that moment where you're just like 'We're here, you're not.'

"This is our team and we're focused on the talk at hand ... People can say what they want but we're focused on winning the Cup."

Canada's next challenge is England on Saturday in the quarter-finals at B.C. Place Stadium.

Sesselmann tries to see the bigger picture when it comes to being under the spotlight.

30M

FIFA says its 2014 Women's Football Survey, which drew responses from 177 of 209 member associations, showed that 30 million women play soccer worldwide. FIFA's goal is have 45 million women playing by 2019.

"Everybody in this tournament makes mistakes," she said.

"It's how you bounce back from them. And each game for me has been better and better. My job is to defend and that's exactly what I've been doing."

Canada is tied with the U.S. and Brazil with just one goal conceded at the tournament.

Sesselmann says she's been calmer each time out. And she takes great pride in having made it back to the national team.

"This time last year was a really bad time for me," she said. "And the whole (recovery) process itself, there were tons of highs and lows — mostly lows. So it was a really difficult passage for me.... I look where I was over a year ago, I'm just so proud of myself and just really excited.

"To be here is the greatest thing ever."

The American-born Sesselmann qualifies to play for Canada through her father, who was born in Stephenville, N.L. She was 28 when she made her debut for Canada.

She has won 44 caps for Canada and started all six games at the London Olympics where the Canadian women won bronze. THE CANADIAN PRESS

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Germany vs. France, 4 p.m.	Australia vs. Japan, 4 p.m.
In Ottawa	**In Vancouver**
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Ready in
Prep time: 10 minutes
Cook time: 23 minutes
Serves: 4

Ingredients
- 1 lb ground lean sirloin steak
- 3 Tbsp minced green onion
- 1/4 cup dry seasoned breadcrumbs
- 3 Tbsp barbecue sauce
- 1 1/2 tsp crushed fresh garlic
- a pinch of salt and freshly ground black pepper
- 1 egg
- 1 tsp dried basil
- 1 medium red bell pepper cut into four wedges
- 4 rings sweet large onion (cut into 1/4 thickness)
- 4 slices zucchini, sliced lengthwise (cut into 1/4 thickness)
- 2 round slices pineapple (1/2 thick, cut into four pieces)

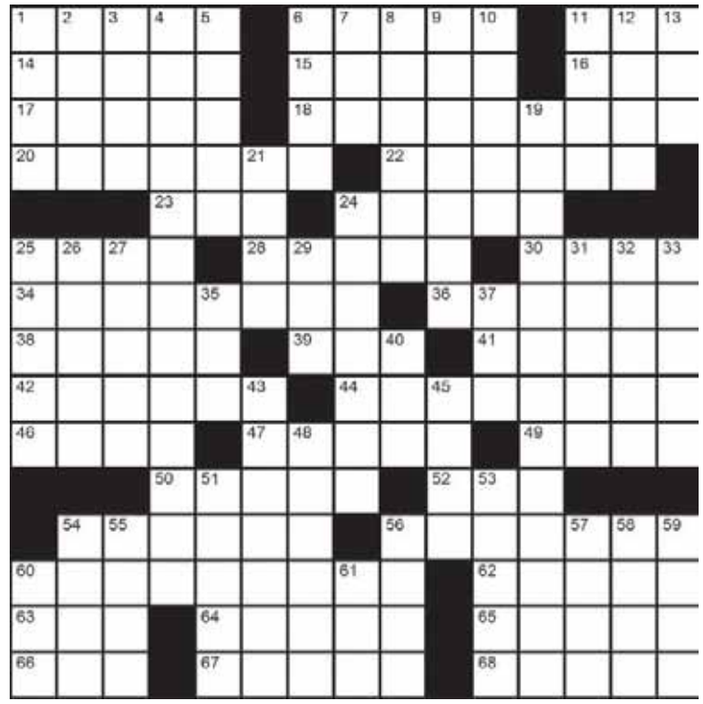
Directions
1. To make the burgers, combine meat, green onion, breadcrumbs, barbecue sauce, garlic, salt, pepper, egg and basil in a large bowl. Mix thoroughly and shape into four burgers. Grill for four minutes per side, or until no longer pink in the centre.
2. Meanwhile, grill on barbecue or in a pan, red bell pepper wedges, onion rings and zucchini slices until charred and tender, about 10 minutes. Add pineapple slices and grill for five minutes in total.
3. Layer burger with vegetables and pineapple and serve. If preferred, serve with hamburger buns.

Nutrition per serving
- Calories 280
- Protein 26 g
- Fat 13 g
- Sodium 253 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Thicket of trees
6. Calendar amounts
11. Deplete
14. Literary adventurer Mr. Quatermain
15. Georgia of "The Mary Tyler Moore Show"
16. Blood-typing letters
17. Andes creature
18. Quantity for Earl Grey?
20. John _ (Canadian host of Food Network's "You Gotta Eat Here!")
22. Castle tower
23. Airport acronym
24. Filmdom's Mr. Eisenberg
25. Advertised-on-TV record co.
28. Scoundrel
30. Ms. Jordan
34. Like sci-fi aliens
36. Mr. Yoakam
38. "You wanna fight, you'll get a fight!": 2 wds.
39. "_ 2" (2015) starring Mark Wahlberg
41. Challenger's beginning words...
42. Naval port of France
44. Hit for #30-Across: "Make You a _"
46. Blind, as per falconry
47. Island retreat in 1988 hit "Kokomo"
49. Journalist's interest
50. "Kind of _ _" by The Buckinghams
52. Cottage bed
54. Muscular
56. Harry Potter's pal Ron
60. Porch's lovely-sounds-provider: 2 wds.
62. Zzzzz ...loudly!
63. Cousin of 1960s television
64. "Why _ _?" (How come you won't let me?)
65. Ancient Greek colony
66. Music style, _ Soul
67. "Wayne's World" (1992) character Garth
68. Basketball-into-net sound

DOWN
1. Math class, e.g.
2. Stewing pot
3. _ du jour (Restaurant's special)
4. Dutch cartographer (b.1728 - d.1801) who became British North America's first Surveyor-General in 1764: 2 wds.
5. Pass, as law
6. Abominable snowman
7. Opposite WSW
8. Types of quartz
9. Withdrew from a court case
10. Music symbols
11. Home free
12. Border on
13. Parliament Hill fig.
19. Donald Sutherland's character in the 'Hunger Games' movies: 2 wds.
21. Not nervous
24. Beetle kind: 2 wds.
25. Works with wool
26. From head-_-_
27. Occur as a result
29. Muesli tidbit
31. Tequila plant source
32. The Taming of the _
33. 'Gang' suffixes
35. Barcelona 'one'
37. Nintendo game console
40. Newbie socialite [abbr.]
43. Spiral-tusked Arctic whale
45. Pretty material
48. Emulating the sun
51. Record label
53. Desert green spot
54. Locale
55. Go _ detail
56. Figure skater Johnny
57. Ms. Anderson
58. Q. "'_ _' _ amongst George Clooney's acting gigs, right?" A. "Yeah, he played a doctor."
59. "You betcha!"
60. Succeed
61. Kingston Trio song

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You can talk your way out of anything. Your powers of persuasion are second to none. Whether you use this talent wisely remains to be seen but wherever you go this weekend others will be impressed by your words.

Taurus April 21 - May 21
Over the next few days it will become increasingly obvious that the world has moved and you must move with it. Taurus may at times be an inflexible sign but even you know the old way of doing things has had its day.

Gemini May 22 - June 21
Mercury in your sign makes this an ideal time for forward planning, for thinking ahead. What you decide over the next few days will be what you bring into being over the next three or four weeks, so think carefully.

Cancer June 22 - July 23
What do you fear the most? Whatever it is, you must now face up to it and overcome it once and for all. Most likely you will discover it really isn't such a nightmare after all.

Leo July 24 - Aug. 23
Your views and opinions are likely to change quite dramatically over the next few days. You will certainly become aware of possibilities that did not occur to you before. Too fixed an outlook is the enemy of progress, so be flexible in your thinking.

Virgo Aug. 24 - Sept. 23
Your attitude towards your work will become a lot more serious over the next few days. Even if you are already successful in what you do you will realize there is so much more you can achieve.

Libra Sept. 24 - Oct. 23
With mind planet Mercury moving through the area of your chart that governs long-distance travel, you won't be short of offers to expand your horizons. Accept each and every one of them.

Scorpio Oct. 24 - Nov. 22
Something will grab your attention today and captivate you to such an extent that you have little time for anything else. In the short-term that may be no bad thing but try not to let it become an obsession.

Sagittarius Nov. 23 - Dec. 21
You seem to be doing a lot for other people and not so much for yourself. That needs to change. You must learn to say "no" whenever anyone, no matter how close, asks you to do things that you clearly don't enjoy.

Capricorn Dec. 22 - Jan. 20
As Mercury moves through the work and health area of your chart you will find plenty of reasons to get busy — not least that you fear your reputation will suffer if you don't take a leading role. Don't exhaust yourself though.

Aquarius Jan. 21 - Feb. 19
Nothing is beyond you. All things are possible. According to the planets, you will make even the most difficult of tasks look easy. There is though a danger that you will take on too much and spread yourself too thin. Stay focused on your number one aim.

Pisces Feb. 20 - March 20
You must stay true to your beliefs. The more others try to persuade you to change your way of looking at and dealing with the world the more you must dig in your heels and refuse.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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